

# Exisulind and guanylyl cyclase C induce distinct antineoplastic signaling mechanisms in human colon cancer cells

Giovanni Mario Pitari, Tong Li, Ronnie I. Baksh, and Scott A. Waldman

Division of Clinical Pharmacology, Departments of Pharmacology and Experimental Therapeutics and Medicine, Thomas Jefferson University, Philadelphia, Pennsylvania

## Abstract

The nonsteroidal anti-inflammatory drug sulindac is metabolized to sulindac sulfone (exisulind), an antineoplastic agent that inhibits growth and induces apoptosis in solid tumors. In colon cancer cells, the antineoplastic effects of exisulind have been attributed, in part, to induction of cyclic guanosine 3',5'-monophosphate (cGMP) signaling through inhibition of cGMP-specific phosphodiesterases, which elevates intracellular cGMP, and novel expression of cGMP-dependent protein kinase (PKG) I $\beta$ , the presumed downstream effector mediating apoptosis. Here, inhibition of proliferation and induction of cell death by exisulind was dissociated from cGMP signaling in human colon cancer cells. Accumulation of intracellular cGMP produced by an exogenous cell-permeant analogue of cGMP or a potent agonist of guanylyl cyclase C yielded cytostasis without cell death. Surprisingly, the antiproliferative effects of induced cGMP accumulation were paradoxically less than additive, rather than synergistic, when combined with exisulind. Further, although exisulind induced expression of PKG I $\beta$ , it did not elevate intracellular cGMP and its efficacy was not altered by inhibition or activation of PKG I. Rather, PKG I induced by exisulind may mediate desensitization of cytostasis

induced by cGMP. Thus, cytotoxic effects of exisulind are independent of cGMP signaling in human colon cancer cells. Moreover, combination therapies, including exisulind and agents that induce cGMP signaling, may require careful evaluation in patients with colon cancer. [Mol Cancer Ther 2006;5(5):1190–6]

## Introduction

Beyond their conventional role as anti-inflammatory, antipyretic, and analgesic agents, nonsteroidal anti-inflammatory drugs have emerged as important chemotherapeutics for preventing and treating various tumors (1, 2). Although the biological effects of nonsteroidal anti-inflammatory drugs are mediated, in part, by inhibition of cyclooxygenase (COX) and prostaglandin synthesis (3), COX- and prostaglandin-independent mechanisms are also central to their antineoplastic activities (4). Indeed, the antitumor nonsteroidal anti-inflammatory drug sulindac is metabolized to the biologically active sulindac sulfide, a COX inhibitor and effective antineoplastic drug (5), and sulindac sulfone (exisulind), which does not inhibit COX but induces apoptosis in human cancers (6, 7). In human colon cancer cells, exisulind inhibits cyclic guanosine 3',5'-monophosphate (cGMP)-specific cGMP-regulated phosphodiesterases 2 and 5 (8) and induces novel expression of cGMP-dependent protein kinase (PKG) I $\beta$  (9), presumably promoting cGMP-dependent activation of that kinase (10) underlying exisulind-induced cytotoxicity (8–10). However, the precise role of cGMP signaling in mediating the antineoplastic effects of exisulind in human colon cancer cells remains to be defined.

cGMP mediates discrete cellular functions by interacting with specific binding motifs in target proteins, including PKG, cyclic nucleotide-gated (CNG) channels, and phosphodiesterases (11). In intestinal epithelial cells, cGMP-dependent activation of PKG II induces fluid and electrolyte secretion (12, 13). In contrast, in colon cancer cells, cGMP inhibits proliferation by activating CNG channels, promoting Ca<sup>2+</sup> influx (14, 15). The principal source of cGMP in these cells is guanylyl cyclase C (GCC; ref. 11), the receptor for the endogenous hormones, guanylin and uroguanylin, and the diarrheagenic bacterial heat-stable enterotoxins (ST), which is selectively expressed by intestinal epithelial cells in adult mammals (16, 17).

Although GCC and cGMP regulate proliferation of normal and neoplastic epithelial cells in intestine, the contribution of apoptosis to this process remains unclear. Thus, loss of GCC has been associated with increased apoptosis in intestine (18). Further, targeted inactivation of the mouse guanylin gene increased proliferation without altering apoptosis along the crypt-villus axis (19).

Received 10/10/05; revised 2/17/06; accepted 3/9/06.

**Grant support:** NIH grants CA75123 and CA95026, and Targeted Diagnostic and Therapeutics, Inc. (S.A. Waldman); the Landenberger Foundation and the Pennsylvania Commonwealth Universal Research Enhancement (G.M. Pitari); and NIH institutional award T32 GM08562 for Postdoctoral Training in Clinical Pharmacology (T. Li).

The costs of publication of this article were defrayed in part by the payment of page charges. This article must therefore be hereby marked advertisement in accordance with 18 U.S.C. Section 1734 solely to indicate this fact.

**Note:** S.A. Waldman is the Samuel M.V. Hamilton Professor. T. Li was enrolled in the NIH-supported institutional K30 Training Program in Human Investigation (K30 HL004522).

**Requests for reprints:** Giovanni Mario Pitari, Division of Clinical Pharmacology, Departments of Pharmacology and Experimental Therapeutics and Medicine, Thomas Jefferson University, 1100 Walnut Street MOB 810, Philadelphia, PA 19107. Phone: 215-955-5647; Fax: 215-955-7006. E-mail: Giovanni.Pitari@jefferson.edu

Copyright © 2006 American Association for Cancer Research.

doi:10.1158/1535-7163.MCT-05-0415

Moreover, activation of GCC with ST inhibited colon cancer cell proliferation by inducing a cGMP-dependent cell cycle delay, without arrest or apoptosis (14). These observations suggest that GCC ligands represent a new class of agent for treating primary and metastatic colorectal cancer with cytostatic, but unclear cytotoxic, activities (14, 15, 19).

The presumed importance of phosphodiesterase inhibition, which increases intracellular cGMP, and novel induction of PKG, as the downstream effectors mediating cytotoxicity, suggests one paradigm in which combining exisulind and GCC ligands should produce synergistic antineoplastic effects on human colon cancer cells. Specifically, cGMP accumulation induced by GCC ligands should be potentiated by exisulind inhibition of phosphodiesterases resulting in improved cytostatic efficacy (14, 15). Similarly, induction of PKG by exisulind should provide a novel downstream effector by which cGMP induced by GCC ligands mediates cytotoxicity (9). However, recent observations suggest that GCC ligands and exisulind could induce mutually antagonistic signaling mechanisms (20). Thus, induction of cGMP signaling by GCC tonically activates phosphodiesterase mediating bradyphylaxis to cytostasis, which would oppose exisulind signaling (20, 21). Similarly, PKG, whose expression is induced by exisulind, mediates homologous desensitization in cGMP signaling, which opposes GCC-mediated cytostasis (20). In the context of these conflicting mechanisms, the present study examined the interaction between exisulind and cGMP signaling in mediating cytotoxicity in human colon cancer cells, including inhibition of proliferation and induction of cell death.

## Materials and Methods

### Materials

Fetal bovine serum, DMEM, and the DMEM/F12 were obtained from Mediatech, Inc. (Herndon, VA). The CellTiter 96 AQueous One Solution Cell Proliferation Assay containing the 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, inner salt (MTS) was purchased from Promega (Madison, WI). Antibody to human PKG I $\beta$  was obtained from Stressgen Biotechnologies (Victoria, British Columbia, Canada), whereas antibody to human  $\alpha$ -tubulin was from Santa Cruz Biotechnology (Santa Cruz, CA). Exisulind and RP-8-br-cGMPs were from EMD Biosciences, Inc. (La Jolla, CA). Native ST was prepared as described (14). Zaprinast, 3-isobutyl-1-methylxanthine, 8-br-cGMP, propidium iodide, DMSO, and all other chemicals were from Sigma Chemical Co. (St. Louis, MO).

### Cell Culture

Caco-2 (passage 20–40), T84 (passage 50–70), and SW480 (passage 100–120) human colon carcinoma cells were obtained from the American Type Culture Collection (Manassas, VA). Cell cultures were maintained at 37°C (5% CO<sub>2</sub>) in DMEM (Caco-2 and SW480) or DMEM/F12 (T84) containing 100 IU/mL penicillin, 100  $\mu$ g/mL streptomycin, and 10% fetal bovine serum. Cells were fed every 3rd day and split when subconfluent.

### Tumor Cell Proliferation

Colon cancer cells were plated at  $\sim$ 70,000/mL and grown in their culture medium supplemented with reagents for the indicated times. Treatments were refreshed every other day. For cell counting, cells were seeded in 24-well plates and the number of adherent cells was quantified on a hemocytometer following trypsinization. Cell proliferation was calculated as the percentage of parallel control cultures containing the corresponding amount of vehicle. For MTS-based proliferation assays, cancer cells were plated in 96-well plates and the number of viable cells was determined by adding 20  $\mu$ L CellTiter 96 AQueous One Solution Reagent directly to the culture well, incubating for 2 hours, and recording absorbance at 490 nm in a Spectra Count 96-well-plate reader.

### Flow Cytometry

Cancer cells were plated in six-well plates ( $\sim$ 80,000/mL) and processed as for proliferation studies above. After harvesting by trypsinization, cells were pelleted by centrifugation, washed with PBS, and fixed in ice-cold 75% ethanol for 30 minutes. Then, cells were washed again with PBS, resuspended in 500  $\mu$ L staining solution (50  $\mu$ g/mL propidium iodide, 100  $\mu$ g/mL RNase A, 1 mmol/L EDTA, and 0.1% Triton X-100), and analyzed on a Coulter EPICS XL-MCL flow cytometer. The distribution of cells in different phases of the cell cycle was analyzed using WinMDI software (version 2.8.8) provided by Joseph Trotter (Scripps Research Institute, La Jolla, CA). Cell death was quantified as the number of cells in the sub-G<sub>1</sub> fraction of the cell cycle.

### Immunoblot Analyses

Cells treated for 5 days (six-well plate) were washed with cold PBS and lysed in 400  $\mu$ L cold modified radioimmunoprecipitation assay buffer (50 mmol/L Tris-HCl, 1% NP40, 150 mmol/L NaCl, 1 mmol/L EDTA, 1 mmol/L Na<sub>3</sub>VO<sub>4</sub>, 1 mmol/L NaF, and 500  $\mu$ mol/L 3-isobutyl-1-methylxanthine) containing the Complete Protease Inhibitor Cocktail (Roche Molecular Biochemicals, Palo Alto, CA). Cell supernatants were obtained by centrifugation of cell lysates at 15,000 rpm for 20 minutes, and proteins were quantified by the bicinchoninic acid-based method (Pierce Biotechnology, Inc., Rockford, IL). Then, 80  $\mu$ g proteins per each sample were submitted to 10% PAGEr Gold precast gels (BioWhittaker Molecular Applications, Rockland, ME) before being electrophoretically transferred to nitrocellulose membrane (Osmonics, Inc., Minnetonka, MN). Blots were first probed with affinity-purified rabbit polyclonal antibody for detection of the specific 80 kDa band of human PKG I $\beta$  and then stripped with the Western Blot Stripping Buffer (Pierce Biotechnology) and reprobed using affinity-purified rabbit polyclonal antibody for detection of the specific 60 kDa band corresponding to the human  $\alpha$ -tubulin.

### cGMP Assay

cGMP was quantified in cancer cells (six-well plate) treated for 5 days with the indicated reagents by RIA.

Reactions were terminated with ice-cold 100% ethanol, and supernatants were separated from pellets by centrifugation ( $12,000 \times g$ , 15 minutes at  $4^\circ\text{C}$ ) and processed for cGMP determinations (16).

### Statistics

Unless otherwise indicated, data are expressed as the mean  $\pm$  SE of a representative of at least three experiments done in triplicate. Data were analyzed using the unpaired two-tailed Student's *t* test and significance was assumed for  $P \leq 0.05$ .

## Results

### Exisulind and cGMP Independently Regulate the Proliferation of Human Colon Carcinoma Cells

ST, a potent GCC agonist (Fig. 1A), and 8-br-cGMP, a membrane-permeant and phosphodiesterase-resistant analogue of cGMP (Fig. 1B), suppressed the proliferation of Caco-2 human colon carcinoma cells, which express GCC (22), confirming that cGMP signaling is coupled with antiproliferation in colon cancer (14, 15). Inhibition of proliferation by GCC signaling was time dependent (Fig. 1A and B) and reflected cytostasis, but not cell cycle arrest or cell death (Fig. 1C; refs. 14, 15). In that context, the antineoplastic effects of exisulind, presumably mediated by activation of cGMP signaling through inhibition of cGMP-specific phosphodiesterases (7, 8), should also induce sustained inhibition of proliferation in those tumor cells (20). Indeed, exisulind eliminated proliferation of Caco-2 cells in a concentration-dependent fashion, with an estimated  $\text{IC}_{50}$  of  $271.21 \pm 16.54 \mu\text{mol/L}$  (Fig. 2B; ref. 8), consistent with concentrations at which this agent produces *in vitro* cytotoxicity (8–10), but higher than those inducing clinically relevant anticancer effects (23). Surprisingly, 8-br-cGMP, which inhibited in a dose-dependent manner the growth of Caco-2 cells ( $\text{IC}_{50}$ ,  $4.56 \pm 0.21 \text{ mmol/L}$  by MTS assay after treatment for 5 days; Fig. 2A), did not potentiate the antineoplastic effects of exisulind ( $\text{IC}_{50}$  in the presence of 8-br-cGMP,  $324.03 \pm 32.41 \mu\text{mol/L}$ ; Fig. 2B). Rather, addition of 8-br-cGMP resulted in a less-than-additive increase of exisulind-induced inhibition of proliferation (Fig. 2C). Similar results were obtained in T84 cells (data not shown). The inability of cGMP to potentiate the effects of exisulind (Fig. 2B) and their less-than-additive cumulative effects (Fig. 2C) suggest that these agents regulate distinct antiproliferative pathways.

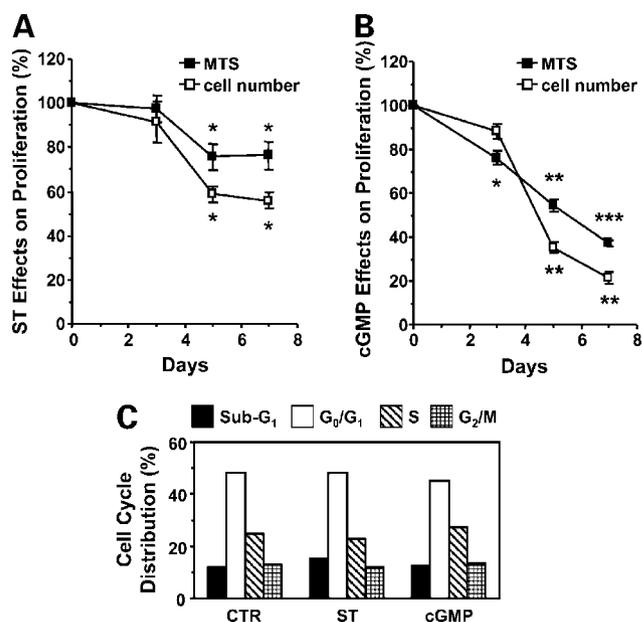
### cGMP Signaling Does Not Mediate Exisulind-Induced Cytotoxicity

Treatment-induced cytotoxicity, including growth arrest and activation of cell death programs, was assessed examining cell cycle progression of tumor cells by flow cytometry. Exisulind inhibited the proliferation of Caco-2 cells by altering their cell cycle distribution (Fig. 3A), inducing a 3-fold increase in sub- $\text{G}_1$  cell fragments associated with cell death and a concomitant decrease in cells in  $\text{G}_0\text{-G}_1$  (Fig. 3B). In contrast, 8-br-cGMP induced cytostasis (Fig. 3A) without altering the cell cycle distribution of Caco-2 cells (Fig. 3B). Importantly, 8-br-cGMP failed to increase the sub- $\text{G}_1$  fraction of cell death or further alter the proportion

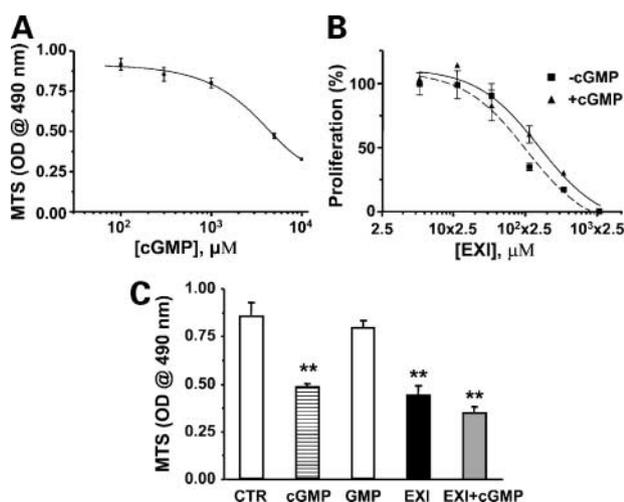
of cells in  $\text{G}_0\text{-G}_1$  induced by exisulind (Fig. 3A and B). Because PKG  $\text{I}\beta$  may mediate cGMP-dependent apoptosis induced by exisulind in colon tumors (8–10), its role was examined with a specific membrane-permeant inhibitor, RP-8-br-cGMPS (24, 25), which blocks activation of PKG I (9, 10). Exisulind increased PKG  $\text{I}\beta$  protein expression similarly in various human colon cancer cells (Fig. 4A1; fold induction: Caco-2, 2.01; SW480, 1.76; T84, 1.44; Fig. 4A2). However, RP-8-br-cGMPS, added at least 30 minutes before any other treatment, failed to alter exisulind-induced cell death in those cells (Caco-2 cells, Fig. 4B; T84 cells, Fig. 4C; SW480 cells, data not shown). Moreover, 8-br-cGMP, an effective activator of PKG I (26), did not promote cell death in colon cancer cells (Caco-2 cells, Fig. 4B; T84 cells, Fig. 4C; SW480 cells, data not shown), even in the context of exisulind-induced PKG  $\text{I}\beta$  expression (Figs. 3 and 4A1). Conversely, in T84 cells, 8-br-cGMP significantly reduced cell death (Fig. 4C). Thus, cell death programs induced by exisulind in colon cancer cells are not mediated by cGMP or activation of PKG.

### Antiproliferative Mechanisms Induced by GCC Ligands and Exisulind Negatively Interact in Colon Cancer Cells

Suppression of tumor growth by exisulind may, in part, reflect inhibition of cGMP-specific phosphodiesterases, inducing cGMP accumulation in colon cancer cells (8, 9). However, exisulind failed to significantly increase cGMP in



**Figure 1.** cGMP signaling inhibits colon cancer cell proliferation. Caco-2 cells were treated with  $1 \mu\text{mol/L}$  ST (A) or  $5 \text{ mmol/L}$  8-br-cGMP (cGMP; B) for the indicated days. Proliferation was assessed by quantifying either the number of adherent cells or the ability of viable tumor cells to metabolize MTS, as described in Materials and Methods. Results are expressed as the percentage of parallel control incubations treated with the vehicle (PBS). \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ ; \*\*\*,  $P < 0.001$ , versus respective controls. C, a representative experiment quantifying the cell cycle distribution by flow cytometry (see Materials and Methods) of Caco-2 cells treated for 5 d with PBS (CTR), ST ( $1 \mu\text{mol/L}$ ), or 8-br-cGMP ( $5 \text{ mmol/L}$ ).



**Figure 2.** cGMP fails to enhance the antiproliferative effects of exisulind. Concentration dependence of proliferation of human colon cancer cells on 8-br-cGMP (**A**) or exisulind (*EXI*) in the presence or absence of 5 mmol/L 8-br-cGMP (**B**). After 5 d of treatment, Caco-2 cell proliferation was quantified by MTS assay. *OD*, absorbance. In **B**, results are expressed as the percentage of respective controls (the vehicle DMSO for exisulind alone and DMSO plus 8-br-cGMP for exisulind plus 8-br-cGMP) and were subjected to nonlinear regression analyses using sigmoidal dose-response, variable slope (Prism, Graph-Pad). Values of controls were  $0.88 \pm 0.06$  for DMSO and  $0.40 \pm 0.01$  for DMSO plus 8-br-cGMP. **C**, MTS-specific absorbance (490 nm) of Caco-2 cells treated for 5 d with DMSO vehicle (*CTR*), 5 mmol/L 8-br-cGMP, 5 mmol/L 8-br-GMP (*GMP*), 268.53  $\mu$ mol/L exisulind, or 268.53  $\mu$ mol/L exisulind plus 5 mmol/L 8-br-cGMP. \*\*,  $P < 0.01$ , versus controls.

colon cancer cells (Fig. 5A). Zaprinast, a selective phosphodiesterase 5 inhibitor, was also poorly effective, whereas 3-isobutyl-1-methylxanthine, a broad phosphodiesterase inhibitor, significantly elevated (2.4-fold over control) cellular cGMP (Fig. 5A), suggesting that isoforms other than cGMP-specific phosphodiesterases principally mediate cGMP hydrolysis in colon cancer cells. In contrast, activation of GCC by ST produced a striking increase in cellular cGMP ( $\sim 30$ -fold; Fig. 5A), demonstrating that synthesis, rather than hydrolysis, plays a dominant role in elevating cGMP in colon cancer cells. Surprisingly, exisulind inhibited the ability of ST to induce maximal intracellular cGMP accumulation (Fig. 5A). In addition, activation of GCC signaling did not alter exisulind-induced cell death (Fig. 5B), demonstrating that intracellular cGMP is unable to support cell death in colon cancer cells. Exisulind also failed to enhance ST-induced inhibition of proliferation, and inhibition of PKG I did not prevent exisulind-mediated inhibition of proliferation (Caco-2 cells, Fig. 5C1; T84 cells, data not shown), underscoring the inability of exisulind to induce productive cGMP signaling coupled to human colon cancer cell proliferation. Finally, the combination of exisulind plus ST produced a less-than-additive inhibition of colon cancer cell proliferation (Fig. 5C2). These observations further underscore the dissociation of exisulind-induced effects on colon cancer cell proliferation from mechanisms mediating cGMP-induced cytostasis.

## Discussion

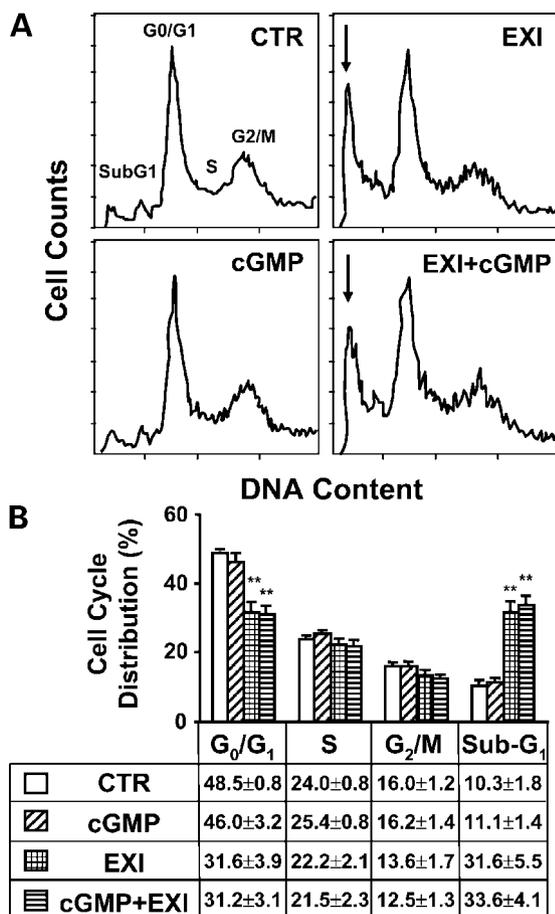
Sulindac prevents carcinogenesis (7) and induces tumor regression (27) in intestine by (a) activating death receptor 5 and caspase-8 (28), (b) inhibiting peroxisome proliferator-activated receptor  $\delta$  (29), (c) reducing nuclear factor- $\kappa$ B signaling (30), and (d) lowering transactivation levels of nuclear  $\beta$ -catenin (31). Although the molecular mechanisms underlying these antineoplastic effects remain unclear, the prodrug sulindac and/or its metabolites contribute to these effects (32). Antineoplastic effects of sulindac (weak) and its reduced metabolite sulfide (strong) result, in part, from their ability to inhibit COX activity by reversibly binding to a hydrophobic channel composing the COX active site (32, 33). In contrast, the oxidative metabolite of sulindac exisulind (sulindac sulfone), which is unable to bind to and inhibit the COX active site, exhibits antineoplastic activity that is COX independent (8, 32, 34).

Previous observations suggest that the antineoplastic effects of exisulind may reflect inhibition of cGMP-specific phosphodiesterases, inducing intracellular accumulation of cGMP (7, 8). Activation of cGMP-dependent signaling may mediate apoptosis of colon cancer cells induced by exisulind by inhibiting  $\beta$ -catenin signaling (8) or stimulating c-Jun NH<sub>2</sub>-terminal kinase 1 (10). Moreover, in those cells, exisulind induced the novel expression of PKG I $\beta$ , the putative downstream effector of cGMP mediating apoptosis (8–10). These observations suggest that combining exisulind and ligands for GCC, a cGMP-generating cyclase selectively expressed in colorectal tumors, might produce synergistic antineoplastic effects on human colon cancer cells. However, the present observations revealed that cGMP signaling induced cytostasis, rather than cytotoxicity, in colon cancer cells, and administration of GCC ligands or exogenous cGMP failed to enhance exisulind-induced cell death. Further, PKG I $\beta$  did not mediate cytotoxicity induced by exisulind because activation or inhibition of that kinase did not affect the distribution of cells in the sub-G<sub>1</sub> and the G<sub>1</sub>-G<sub>0</sub> phases of the cell cycle induced by that agent. Rather, cGMP signaling may oppose cell death programs in colon cancer cells (Fig. 4C), reflecting decreased proliferation associated with cytostasis (18, 20, 35). Conflicting results may reflect the short durations (up to 48 hours) during which the effects of exisulind on PKG expression were examined previously (8–10). Similarly, although exisulind acutely increased intracellular levels of cGMP (9), it did not support sustained elevations of cGMP in colon cancer cells following prolonged incubations (see Fig. 5A). Conversely, cytotoxic effects of exisulind develop over extended incubations ( $>5$  days<sup>1</sup>; ref. 34) and require concentrations in excess of those necessary to block phosphodiesterase activities (8).

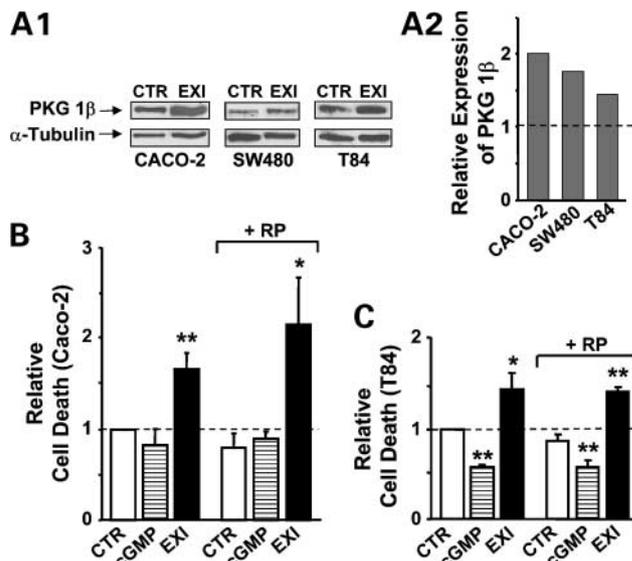
Like cell death, GCC signaling failed to enhance inhibition of colon cancer cell proliferation induced by

<sup>1</sup> Personal observation.

exisulind. Rather, combining exisulind and agents inducing cGMP signaling yielded less-than-additive antiproliferative effects. Further, exisulind was fully efficacious in suppressing tumor growth in the presence of a specific inhibitor of PKG I (24, 25), eliminating the involvement of that kinase in mediating the antineoplastic effects of exisulind. Additionally, overexpression of PKG I $\beta$  did not significantly alter the antineoplastic potency of exisulind in colon cancer cells (36). Thus, the present observations support a model in which the antitumor effects of exisulind in colon cancer reflect the sequential recruitment and activation of multiple signaling components, other than exisulind-induced PKG I $\beta$ , which seems to be an epiphenomenon, rather than mechanistically related to exisulind-induced tumor suppression. Indeed, exisulind induced colon cancer cell death by chronically reducing intracellular polyamine levels through specific



**Figure 3.** cGMP fails to enhance exisulind-induced cytotoxicity. **A**, representative experiment of cell cycle distribution by flow cytometry of Caco-2 cells treated for 5 d with the DMSO vehicle, 5 mmol/L 8-br-cGMP, 268.53  $\mu$ mol/L exisulind, or 268.53  $\mu$ mol/L exisulind plus 5 mmol/L 8-br-cGMP. Arrows, sub-G<sub>1</sub> fraction of dead cells induced by exisulind. **B**, Caco-2 cells were treated and analyzed as in **A**. Cell cycle distribution from four independent experiments was quantified with the Win MDI software (version 2.8.8). Columns, mean; bars, SE. \*\*,  $P < 0.01$  versus controls.



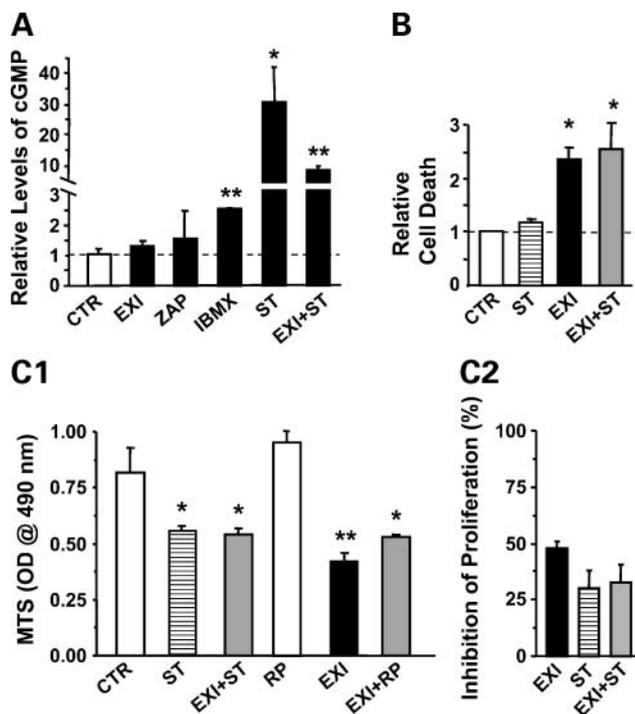
**Figure 4.** Activation of PKG I $\beta$  does not mediate exisulind-induced cell death. **A1**, exisulind induced the expression of PKG I $\beta$  in different human colon carcinoma cells. Tumor cells were treated for 5 d with the DMSO vehicle or 268.53  $\mu$ mol/L exisulind. Representative of at least three experiments. **A2**, expression levels of PKG I $\beta$  relative to the respective  $\alpha$ -tubulin controls were quantified by densitometry from experiment in **A1**. Caco-2 (**B**) or T84 (**C**) cells were treated for 5 d with DMSO, 5 mmol/L 8-br-cGMP, and 268.53  $\mu$ mol/L exisulind, in the presence or absence of the membrane-permeant inhibitor of PKG I RP-8-br-cGMPs (RP), used at 50  $\mu$ mol/L to completely inhibit PKG I (24, 25). The sub-G<sub>1</sub> fraction of the cell cycle, reflecting cell death, was quantified by flow cytometry. Data are expressed as cell death relative to sub-G<sub>1</sub> values (7.85  $\pm$  0.69 for Caco-2 in **B** and 18.33  $\pm$  2.10 for T84 in **C**) of DMSO controls. Columns, mean of three independent experiments; bars, SE. \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ , versus respective controls.

activation of spermidine/spermine N<sup>1</sup>-acetyltransferase (34). Moreover, restoration of intracellular polyamine concentrations prevented sulindac-induced cell death in those tumors (37). Also, inhibition of extracellular signal-regulated kinase 1/2 is absolutely required for the apoptotic effect of exisulind (38, 39). Hence, signaling mechanisms other than those dependent on cGMP mediate the antineoplastic effects of exisulind in colon cancer.

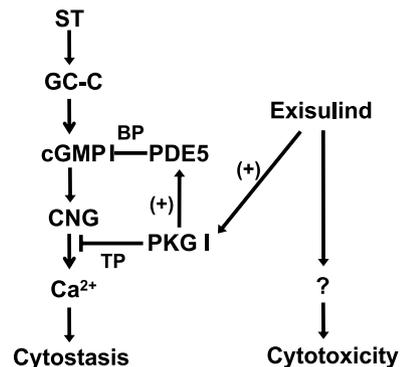
In contrast to exisulind, ligand activation of GCC and exogenous cGMP inhibited proliferation without perturbing the cell cycle distribution of human colon cancer cells, confirming that GCC signaling imposes cytostasis by inducing a generalized cell cycle delay, without cell cycle arrest or apoptosis (14). These effects on cancer cells may recapitulate the physiologic role of GCC in regulating the transition from proliferation to differentiation along the crypt-to-villus axis in intestine. Indeed, mice in which GCC signaling was eliminated by targeted disruption of the genes encoding guanylin or GCC exhibited increased proliferation (19) or apoptosis (18), respectively, in intestinal crypts. In that context, although exisulind induced the expression of the canonical receptor for cGMP, PKG I $\beta$ , this agent did not potentiate the effects of ST and 8-br-cGMP on

proliferation, indicating that PKG I $\beta$  is not a downstream effector of cytotaxis imposed by cGMP in colon cancer cells. Rather, cytotaxis induced by cGMP signaling was mediated by CNG channel activation, resulting in Ca<sup>2+</sup> influx in human colon cancer cells (15).

The present observations underscore the cGMP-independent nature of antineoplastic signaling by exisulind. Recent studies showed that activation of PKG, which is induced by exisulind (8–10), mediates rapid (tachyphylaxis) and delayed (bradyphylaxis) desensitization of cGMP-induced cytotaxis through phosphorylation that inhibits CNG channels and activates cGMP-specific phosphodiesterases, respectively, in human colon cancer cells (20). Indeed, inhibition of PKG was required for enduring cytotaxis induced by GCC signaling (20). Thus, exisulind, which induces PKG expression (Fig. 4A), and GCC ligands, whose signaling undergoes desensitization mediated by PKG (20),



**Figure 5.** Antineoplastic effects of exisulind and GCC are separated. **A**, cGMP accumulation in Caco-2 cells treated for 5 d with DMSO, exisulind (268.53  $\mu$ mol/L), zaprinast (ZAP, 10  $\mu$ mol/L), 3-isobutyl-1-methylxanthine (IBMX; 1 mmol/L), ST (1  $\mu$ mol/L), or exisulind plus ST. Data, normalized to milligrams of proteins, are relative levels of cGMP, compared with the control (1.26  $\pm$  0.18 pmol/mg protein). **Columns**, mean of a representative experiment done in duplicate, with RIAs done in triplicate; **bars**, SE. **B**, percentages of Caco-2 cell death in the sub-G<sub>1</sub> phase of the cell cycle quantified by flow cytometry after treatment for 5 d with ST (1  $\mu$ mol/L) and 268.53  $\mu$ mol/L exisulind, alone or in combination. Data are expressed as cell death relative to sub-G<sub>1</sub> values (11.66  $\pm$  1.47) of DMSO controls. **Columns**, mean of four independent experiments; **bars**, SE. **C1**, proliferation quantified by MTS assay of Caco-2 cells treated for 5 d. Treatments used are DMSO controls, 1  $\mu$ mol/L ST, 268.53  $\mu$ mol/L exisulind, and 50  $\mu$ mol/L RP-8-br-cGMPs. In **C2**, data obtained in **C1** are expressed as {100 - [(MTS absorbance in the presence of the indicated treatment) / (MTS absorbance in the control incubation)  $\times$  100]}. \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ , versus controls.



**Figure 6.** Proposed mechanisms of interfering antineoplastic signaling induced by exisulind and GCC ligands in human colon cancer cells. See Discussion for description. *TP*, tachyphylaxis; *BP*, bradyphylaxis.

induce molecular mechanisms with potential negative interactions that yield less-than-additive antiproliferative effects in human colon cancer cells (see Figs. 2C and 5C). Additionally, induction of PKG expression, and the resultant activation of phosphodiesterase 5, likely underlies the inability to produce sustained elevations of cGMP and the inhibition of GCC ligand-induced cGMP accumulation by exisulind in human colon cancer cells (see Fig. 5A). However, the precise mechanisms of interaction between GCC ligands and exisulind with respect to PKG expression and activity remain unclear.

Taken together, these observations show that exisulind and GCC ligands induce signaling mechanisms that mediate separate and distinct antineoplastic effects in human colon cancer cells (Fig. 6). Exisulind induces cytotoxicity through as yet unspecified cGMP-independent mechanisms. Conversely, GCC induces cytotaxis specifically by mediating the accumulation of cGMP, which activates CNG channels and induces influx of Ca<sup>2+</sup> (15). Rather, these signaling mechanisms may be antagonistic, wherein PKG induced by exisulind mediates tachyphylaxis and bradyphylaxis of cytotaxis induced by GCC ligands (20). In the absence of synergy and in the context of possible antagonistic interactions, the combination of exisulind and agents that induce cGMP signaling may require careful evaluation for the treatment of patients with colorectal cancer.

## References

- Shiff SJ, Koutsos MI, Qiao L, Rigas B. Nonsteroidal antiinflammatory drugs inhibit the proliferation of colon adenocarcinoma cells: effects on cell cycle and apoptosis. *Exp Cell Res* 1996;222:179–88.
- Qiao L, Hanif R, Sphicas E, Shiff SJ, Rigas B. Effect of aspirin on induction of apoptosis in HT-29 human colon adenocarcinoma cells. *Biochem Pharmacol* 1998;55:53–64.
- Sawaoka H, Kawano S, Tsuji S, et al. Cyclooxygenase-2 inhibitors suppress the growth of gastric cancer xenografts via induction of apoptosis in nude mice. *Am J Physiol* 1998;274:G1061–7.
- Hanif R, Pittas A, Feng Y, et al. Effects of nonsteroidal anti-inflammatory drugs on proliferation and on induction of apoptosis in colon cancer cells by a prostaglandin-independent pathway. *Biochem Pharmacol* 1996;52:237–45.

5. Goldberg Y, Nassif II, Pittas A, et al. The anti-proliferative effect of sulindac and sulindac sulfide on HT-29 colon cancer cells: alterations in tumor suppressor and cell cycle-regulatory proteins. *Oncogene* 1996;12: 893–901.
6. Thompson HJ, Jiang C, Lu J, et al. Sulfone metabolite of sulindac inhibits mammary carcinogenesis. *Cancer Res* 1997;57:267–71.
7. Piazza GA, Alberts DS, Hixson LJ, et al. Sulindac sulfone inhibits azoxymethane-induced colon carcinogenesis in rats without reducing prostaglandin levels. *Cancer Res* 1997;57:2909–15.
8. Thompson WJ, Piazza GA, Li H, et al. Exisulind induction of apoptosis involves guanosine 3',5'-cyclic monophosphate phosphodiesterase inhibition, protein kinase G activation, and attenuated  $\beta$ -catenin. *Cancer Res* 2000;60:3338–42.
9. Liu L, Li H, Underwood T, et al. Cyclic GMP-dependent protein kinase activation and induction by exisulind and CP461 in colon tumor cells. *J Pharmacol Exp Ther* 2001;299:583–92.
10. Soh JW, Mao Y, Kim MG, et al. Cyclic GMP mediates apoptosis induced by sulindac derivatives via activation of c-Jun NH<sub>2</sub>-terminal kinase 1. *Clin Cancer Res* 2000;6:4136–41.
11. Lucas KA, Pitari GM, Kazeronian S, et al. Guanylyl cyclases and signaling by cyclic GMP. *Pharmacol Rev* 2000;52:375–414.
12. Zhang W, Mannan I, Schulz S, et al. Interruption of transmembrane signaling as a novel antisecretory strategy to treat enterotoxigenic diarrhea. *FASEB J* 1999;13:913–22.
13. Vaandrager AB, Bot AG, Ruth P, et al. Differential role of cyclic GMP-dependent protein kinase II in ion transport in murine small intestine and colon. *Gastroenterology* 2000;118:108–14.
14. Pitari GM, Di Guglielmo MD, Park J, Schulz S, Waldman SA. Guanylyl cyclase C agonists regulate progression through the cell cycle of human colon carcinoma cells. *Proc Natl Acad Sci U S A* 2001;98:7846–51.
15. Pitari GM, Zingman LV, Hodgson DM, et al. Bacterial enterotoxins are associated with resistance to colon cancer. *Proc Natl Acad Sci U S A* 2003;100:2695–9.
16. Carrithers SL, Barber MT, Biswas S, et al. Guanylyl cyclase C is a selective marker for metastatic colorectal tumors in human extraintestinal tissues. *Proc Natl Acad Sci U S A* 1996;93:14827–32.
17. Hamra FK, Forte LR, Eber SL, et al. Uroguanylin: structure and activity of a second endogenous peptide that stimulates intestinal guanylate cyclase. *Proc Natl Acad Sci U S A* 1993;90:10464–8.
18. Mann EA, Steinbrecher KA, Stroup C, et al. Lack of guanylyl cyclase C, the receptor for *Escherichia coli* heat-stable enterotoxin, results in reduced polyp formation and increased apoptosis in the multiple intestinal neoplasia (Min) mouse model. *Int J Cancer* 2005;116:500–5.
19. Steinbrecher KA, Wowk SA, Rudolph JA, Witte DP, Cohen MB. Targeted inactivation of the mouse guanylin gene results in altered dynamics of colonic epithelial proliferation. *Am J Pathol* 2002;161: 2169–78.
20. Pitari GM, Baksh RI, Harris D, et al. Interruption of homologous desensitization in cGMP signaling restores colon cancer cytostasis by bacterial enterotoxins. *Cancer Res* 2005;65:11129–35.
21. Bakre MM, Sopory S, Visweswariah SS. Expression and regulation of the cGMP-binding, cGMP-specific phosphodiesterase (PDE5) in human colonic epithelial cells: role in the induction of cellular refractoriness to the heat-stable enterotoxin peptide. *J Cell Biochem* 2000;77:159–67.
22. Waldman SA, Barber M, Pearlman J, et al. Heterogeneity of guanylyl cyclase C expressed by human colorectal cancer cell lines *in vitro*. *Cancer Epidemiol Biomarkers Prev* 1998;7:505–14.
23. Van Stolk R, Stoner G, Hayton WL, et al. Phase I trial of exisulind (sulindac sulfone, FGN-1) as a chemopreventive agent in patients with familial adenomatous polyposis. *Clin Cancer Res* 2000;6:78–89.
24. Kawada T, Toyosato A, Islam MO, Yoshida Y, Imai S. cGMP-kinase mediates cGMP- and cAMP-induced Ca<sup>2+</sup> desensitization of skinned rat artery. *Eur J Pharmacol* 1997;323:75–82.
25. Zhuo M, Hu Y, Schultz C, Kandel ER, Hawkins RD. Role of guanylyl cyclase and cGMP-dependent protein kinase in long-term potentiation. *Nature* 1994;368:635–9.
26. Lincoln TM, Corbin JD. Adenosine 3':5'-cyclic monophosphate- and guanosine 3':5'-cyclic monophosphate-dependent protein kinases: possible homologous proteins. *Proc Natl Acad Sci U S A* 1977;74: 3239–43.
27. Labayle D, Fischer D, Vielh P, et al. Sulindac causes regression of rectal polyps in familial adenomatous polyposis. *Gastroenterology* 1991; 101:635–9.
28. Huang Y, He Q, Hillman MJ, Rong R, Sheikh MS. Sulindac sulfide-induced apoptosis involves death receptor 5 and the caspase 8-dependent pathway in human colon and prostate cancer cells. *Cancer Res* 2001;61: 6918–24.
29. He TC, Chan TA, Vogelstein B, Kinzler KW. PPAR $\delta$  is an APC-regulated target of nonsteroidal anti-inflammatory drugs. *Cell* 1999;99: 335–45.
30. Yamamoto Y, Yin MJ, Lin KM, Gaynor RB. Sulindac inhibits activation of the NF- $\kappa$ B pathway. *J Biol Chem* 1999;274:27307–14.
31. Boon EM, Keller JJ, Wormhoudt TA, et al. Sulindac targets nuclear  $\beta$ -catenin accumulation and Wnt signalling in adenomas of patients with familial adenomatous polyposis and in human colorectal cancer cell lines. *Br J Cancer* 2004;90:224–9.
32. Raz A. Is inhibition of cyclooxygenase required for the anti-tumorigenic effects of nonsteroidal, anti-inflammatory drugs (NSAIDs)? *In vitro* versus *in vivo* results and the relevance for the prevention and treatment of cancer. *Biochem Pharmacol* 2002;63:343–7.
33. Picot D, Loll PJ, Garavito RM. The X-ray crystal structure of the membrane protein prostaglandin H<sub>2</sub> synthase-1. *Nature* 1994;367: 243–9.
34. Babbar N, Ignatenko NA, Casero RA, Jr., Gerner EW. Cyclooxygenase-independent induction of apoptosis by sulindac sulfone is mediated by polyamines in colon cancer. *J Biol Chem* 2003;278: 47762–75.
35. Takuma K, Phuagphong P, Lee E, et al. Anti-apoptotic effect of cGMP in cultured astrocytes: inhibition by cGMP-dependent protein kinase of mitochondrial permeable transition pore. *J Biol Chem* 2001;276: 48093–9.
36. Deguchi A, Thompson WJ, Weinstein IB. Activation of protein kinase G is sufficient to induce apoptosis and inhibit cell migration in colon cancer cells. *Cancer Res* 2004;64:3966–73.
37. Hughes A, Smith NI, Wallace HM. Polyamines reverse non-steroidal anti-inflammatory drug-induced toxicity in human colorectal cancer cells. *Biochem J* 2003;374:481–8.
38. Rice PL, Goldberg RJ, Ray EC, Driggers LJ, Ahnen DJ. Inhibition of extracellular signal-regulated kinase 1/2 phosphorylation and induction of apoptosis by sulindac metabolites. *Cancer Res* 2001;61:1541–7.
39. Rice PL, Beard KS, Driggers LJ, Ahnen DJ. Inhibition of extracellular-signal regulated kinases 1/2 is required for apoptosis of human colon cancer cells *in vitro* by sulindac metabolites. *Cancer Res* 2004;64: 8148–51.

# Molecular Cancer Therapeutics

## Exisulind and guanylyl cyclase C induce distinct antineoplastic signaling mechanisms in human colon cancer cells

Giovanni Mario Pitari, Tong Li, Ronnie I. Baksh, et al.

*Mol Cancer Ther* 2006;5:1190-1196.

**Updated version** Access the most recent version of this article at:  
<http://mct.aacrjournals.org/content/5/5/1190>

**Cited articles** This article cites 38 articles, 21 of which you can access for free at:  
<http://mct.aacrjournals.org/content/5/5/1190.full#ref-list-1>

**Citing articles** This article has been cited by 1 HighWire-hosted articles. Access the articles at:  
<http://mct.aacrjournals.org/content/5/5/1190.full#related-urls>

**E-mail alerts** [Sign up to receive free email-alerts](#) related to this article or journal.

**Reprints and Subscriptions** To order reprints of this article or to subscribe to the journal, contact the AACR Publications Department at [pubs@aacr.org](mailto:pubs@aacr.org).

**Permissions** To request permission to re-use all or part of this article, use this link  
<http://mct.aacrjournals.org/content/5/5/1190>.  
Click on "Request Permissions" which will take you to the Copyright Clearance Center's (CCC) Rightslink site.