

## Therapeutic Significance of Estrogen Receptor $\beta$ Agonists in Gliomas

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### Abstract

Gliomas are the most common and devastating central nervous system neoplasms. A gender bias exists in their development: females are at lower risk than males, implicating estrogen-mediated protective effects. Estrogen functions are mediated by two estrogen receptor (ER) subtypes: ER $\alpha$ , which functions as tumor promoter, and ER $\beta$ , which functions as tumor suppressor. We examined the potential use of ER $\beta$  agonists as a novel therapeutic to curb the growth of gliomas. Western analysis of six glioma model cells showed detectable expression of ER $\beta$  with little or no ER $\alpha$ . Treatment of glioma cells with ER $\beta$  agonists resulted in significant decrease in proliferation. Immunohistochemical analysis of tumor tissues revealed that ER $\beta$  expression is downregulated in high-grade gliomas. We found that ER $\beta$  agonists promote both expression and tumor-suppressive functions of ER $\beta$  in glioma cells. Lignixetin, a plant-derived ER $\beta$  agonist significantly reduced *in vivo* tumor growth in a xenograft model. Compared with control mice, animals treated with lignixetin had greater than 50% reduction in tumor volume and size. Immunohistochemical analysis of tumors revealed a significant increase in the nuclear ER $\beta$  expression with a concomitant decrease in cell proliferation in the lignixetin-treated group. Our results suggest that ER $\beta$  signaling has a tumor-suppressive function in gliomas. Because ER $\beta$  agonists are currently in clinical trials and are well tolerated with fewer side effects, identification of an ER $\beta$  agonist as a therapeutic agent can be readily extended to clinical use with current chemotherapies, providing an additional tool for enhancing survival in glioma patients. *Mol Cancer Ther*; 11(5); 1174–82. ©2012 AACR.

### Introduction

Gliomas are the most common type of primary brain tumors that account for more than 70% of all primary brain tumors. Despite tremendous improvements in the standard therapies for patients with gliomas, patients with malignant gliomas have a survival time of approximately 12 months (1, 2). To date, little is known about the etiology of gliomas except the high-risk factor of exposure to high doses of ionizing radiation and the presence of rare genetic conditions such as neurofibromatosis and tuberous sclerosis (3–5).

Recent studies suggest a possible protective role of female sex hormones in glioma progression. The incidence of developing gliomas is greater in males than in females, and females of reproductive age have a survival advantage over males and menopausal females (6–10). Estrogens are steroid hormones that play a crucial role during brain development and differentiation (11, 12), and locally synthesized estrogens from androgens by cytochrome P450 aromatase (CYP19) play a critical role in neuroprotective functions (13). Furthermore, lower glioma incidence with usage of exogenous hormones was evident in females (9, 14). Collectively, these findings suggest that estrogens play a critical role in differentiation and survival of neural cells; yet, little is known about therapeutic significance of estrogen signaling in glioma initiation and progression.

The biologic effects of estrogens are preferentially mediated through their cognate receptors: estrogen receptor alpha (ER $\alpha$ ) and estrogen receptor beta (ER $\beta$ ; refs. 15, 16). Even though ER $\alpha$  and ER $\beta$  are structurally similar, their ligand-binding domains differ enough to be selective for different ligands (17). Recent studies have shown that ER $\beta$  has quite a different function than ER $\alpha$  (18) and is generally considered a tumor suppressor. ER $\beta$  expression is downregulated or lost in several tumors including those of the breast, ovary, prostate, and colon (19–22). In

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addition, it has been reported that overexpression of ER $\beta$  reduced cell proliferation and knockdown of ER $\beta$  enhanced cell proliferation in colon and breast cancer cells (23–25). Although these studies suggest that ER $\beta$  has tumor-suppressive potential in some tumors, the role and therapeutic significance of ER $\beta$  signaling in gliomas remains elusive.

Recently, a number of selective ER $\beta$  agonists have been developed and are being investigated for therapeutic use (18). Along these lines, a novel, highly selective ER $\beta$  agonist named liquiritigenin was recently isolated from the *Glycyrrhiza uralensis* (26). Liquiritigenin is an active compound found in MF101 (Menerba), a plant extract designed to treat vasomotor symptoms (hot flashes) associated with menopause. In a phase II clinical trial of Menerba (27), the drug was found to be safe, well tolerated, and taken with high compliance. It is being further evaluated for its therapeutic use in a phase III clinical trial (28).

In this study, we investigated the status and significance of ER $\beta$  signaling in gliomas through the use of both *in vitro* and *in vivo* xenograft models of gliomas and tested its therapeutic significance using recently developed selective ER $\beta$  modulators. Our findings revealed that ER $\beta$  agonists promote both expression and tumor-suppressive functions of ER $\beta$ . Liquiritigenin, a plant-derived ER $\beta$  agonist significantly reduced *in vivo* tumor growth in a xenograft model. Our results suggest that ER $\beta$  signaling plays a tumor-suppressive function in gliomas, and thus ER $\beta$  agonists represent a novel class of drugs for curbing glioma progression.

## Materials and Methods

### Cell lines and reagents

Human glioma cell lines T98G, U87, LN229, U138, M059J, and breast cancer cells M059K, MCF7, and MDA-MB-231 were obtained from the American Type Culture Collection and were passaged in our laboratory for less than 6 months. Glioma cell lines were maintained in Dulbecco's Modified Eagle's Medium (DMEM) and MCF7 and MDA-MB-231 cells were maintained in RPMI-1640 medium supplemented with 10% FBS (Hyclone Laboratories Ltd.). DPN and PPT were purchased from Tocris Bioscience and MF101 was obtained from Bionovo. Liquiritigenin was purchased from Biopurify Phytochemicals. The ER $\beta$  antibody and ER $\beta$ -specific siRNA were obtained from Thermo Scientific. ER $\beta$ -specific short hairpin RNA (shRNA) lentivirus,  $\beta$ -actin, and all secondary antibodies were purchased from Sigma Chemical Co.

### Cell lysis and Western blotting

Whole-cell lysates were prepared from glioma cells in modified radioimmunoprecipitation assay buffer (150 mmol/L NaCl, 50 mmol/L Tris-HCl, 50 mmol/L NaF, 5 mmol/L EDTA, 0.5% [wt/vol] sodium deoxycholate, and 1% Triton X-100) containing phosphatase and pro-

tease inhibitors. Total proteins (30  $\mu$ g) were mixed with SDS sample buffer and separated on SDS-polyacrylamide gels. Resolved proteins were transferred onto nitrocellulose membranes, and the membranes were blocked with 5% nonfat dry milk solution for 1 hour at room temperature and incubated overnight in the primary antibodies at 4°C. Membranes were then incubated with the respective secondary antibodies for 1 hour at room temperature and immunoreactivity was detected by using an ECL kit (GE Health Care). Nuclear fractionation was done using compartmental protein extraction kit (Millipore).

### Reporter gene assays

U87 and LN229 cells were seeded in 6-well plates and maintained in phenol red-free DMEM medium with 5% deactivated charcoal-stripped serum. To evaluate the transcriptional activity of endogenous ER $\beta$ , cells were transfected with 1  $\mu$ g of the estrogen responsive element (ERE) construct (pGL2-TATA-3XEREs-Luc) using fugene for 6 hours, and 24 hours after transfection cells were treated with vehicle [0.1% dimethyl sulfoxide (DMSO)], DPN, MF101, and liquiritigenin for an additional 24 hours. The  $\beta$ -galactosidase reporter plasmid (pCMVbetaGal; 20 ng) was cotransfected and used for data normalization. Luciferase activity was measured by using the luciferase assay system (Promega) and luminometer. The luciferase activity was expressed as percent of relative light units versus untreated transfected cells.

### Cell proliferation and clonogenic assays

Cell proliferation rates were measured by using Cell Titer-Glo Luminescent Cell Viability Assay (Promega) in 96-well, flat, clear-bottom, opaque-wall microplates. Glioma cells were seeded in 96-well plates ( $2 \times 10^3$  cells per well) in phenol red-free DMEM medium containing 5% DCC serum. After an overnight incubation, cells were treated with varying concentrations of DPN, MF101, and liquiritigenin for 72 hours. Total ATP content as an estimate of total number of viable cells was measured by a luminescence-based assay and an automatic Fluoroskan Luminometer. For some assays, ER $\beta$ -mediated growth inhibition was determined using traditional MTT assays. Glioma cells stably expressing ER $\beta$ -shRNA were generated using human-specific Lentiviral ER $\beta$ -shRNA particles. Stable clones were selected with puromycin selection (1  $\mu$ g/mL) and pooled clones were used for all the studies. Lentiviral particles expressing nontargeted shRNA were used to generate control cells. For the clonogenic assays, U87 and LN229 cells (500 cells per well) were seeded in 6-well plates. After an overnight incubation, cells were treated with DPN, MF101, and liquiritigenin for 72 hours. The cells were washed with PBS and allowed to grow for an additional 7 days. The cells were then fixed in ice-cold methanol and stained with 0.5% crystal violet solution to visualize the colonies. Colonies that contain 50 or more cells were counted.

### Flow cytometry

U87 and LN229 cells were seeded in 100-mm culture plates, synchronized by serum starvation for 48 hours, and treated with liquiritigenin or 0.1% DMSO for 48 hours. Cells were then trypsinized and harvested in 1X PBS, followed by fixation in ice-cold 70% ethanol. Staining was done with a mixture of 50 µg/mL propidium iodide (PI) and 50 µg/mL RNase A. Then, PI-stained cells were subjected to flow cytometry by using a fluorescence-activated cell sorting analysis using UTHSCSA core facility.

### Quantitative RT-PCR analysis

U87 and LN229 cells were treated with liquiritigenin or 0.1% DMSO for 12 hours and were harvested with TRIzol Reagent (Invitrogen), and total RNA was isolated according to the manufacturer's instructions. Reverse transcription (RT) reactions were carried out by using the Superscript III reagent kit (Invitrogen). Real-time PCR was done by using a Cepheid Smart cycler II with specific real-time PCR primers for ERβ and its target genes: ERβ: (F)GGCAGAGGACAGTAAAAGCA, (R) GGACCACACAGCAGAAAGAT; MSMB: (F)CCAGGAGATTCAACCAGGAA, (R)GAAACAAGGGTGCAACATGA; NKG2E: (F)GCCAGCATTTTACCTTCCTCAT, (R)AACATGATGAAACCCCGTCTAA; MDA-7: (F)CTTTGTTCTCATCTGTGTCACAAC, (R)TCCAAGTGTGTTGAATGCTCTCC; Actin: (F)GTGGGCATGGGTCAGAAG, (R)TCCATCAGATGCCAGTG. Results were normalized to the β-actin transcript levels and the difference in fold expression was calculated using  $\Delta\Delta C_T$  method.

### Immunofluorescence studies

Confocal microscopy was done as previously described (29). U87 and LN229 cells were seeded on sterile glass cover slips in 24-well plates and treated with vehicle (0.1% DMSO) or liquiritigenin for 24 hours. The cells were fixed with 3.7% paraformaldehyde for 15 minutes followed by permeabilization with 0.2% Triton X-100 in PBS. After blocking with 5% normal goat serum (Sigma) for 1 hour, the cells were incubated with the ERβ primary antibody for 1 hour. The ERβ status was analyzed by phalloidin staining for 1 hour at room temperature. The DNA dye 4',6-diamidino-2-phenylindole (DAPI; Invitrogen) was used to costain the nucleus (blue). Fluorescence was captured using a Leica confocal microscope.

### Tissue microarrays

The tissue microarrays (TMA) were obtained from US BioMax. Each TMA comprised 0.6-mm cores taken from paraffin-embedded specimens that represent a total of 192 glioma tissues and 8 each of adjacent normal tissue and normal tissues.

### Immunohistochemistry

Immunohistochemical analysis was done as described (29). Tumor sections were incubated overnight with ERβ

primary antibody at a dilution of 1:50. PCNA obtained from Vector Lab was used in conjunction with proper controls, visualized by DAB substrate, and counterstained with hematoxylin (Vector Lab, Inc.). Proliferative index was calculated as percentage of PCNA-positive cells in 10 randomly selected microscopic fields at  $\times 100$  per slide. Terminal deoxynucleotidyl transferase-mediated dUTP nick end labeling (TUNEL) analysis was done by using the *In situ* Cell Death Detection Kit (Roche) as per the manufacturer's protocol, and 10 randomly selected microscopic fields in each group were used to calculate the relative ratio of TUNEL-positive cells.

### Nude mice studies

All animal experiments were carried out after obtaining UTHSCSA-IACUC approval and the animals were housed in accordance with UTHSCSA institution's protocol for animal experiments. For xenograft tumor assays,  $1 \times 10^6$  U87 cells were mixed with an equal volume of Matrigel and implanted subcutaneously into the flanks of 6-week-old female nude mice as described (30). Once tumors reached measurable size, mice were divided into control and treatment groups. The control group received vehicle (0.3% hydroxyl propyl cellulose), and the treatment group received liquiritigenin (20 mg/kg) subcutaneously once a day for 30 days. Tumor volumes were measured with a caliper at 5-day intervals. After the 30th day, the mice were euthanized, and the tumors were isolated and processed for histologic studies. Tumor volume was calculated by using a modified ellipsoidal formula: tumor volume =  $\frac{1}{2} (L \times W^2)$ , in which  $L$  is the longitudinal diameter and  $W$  is the transverse diameter (30). Body weight was measured at weekly intervals to rule out the drug toxicity.

### Statistical analysis

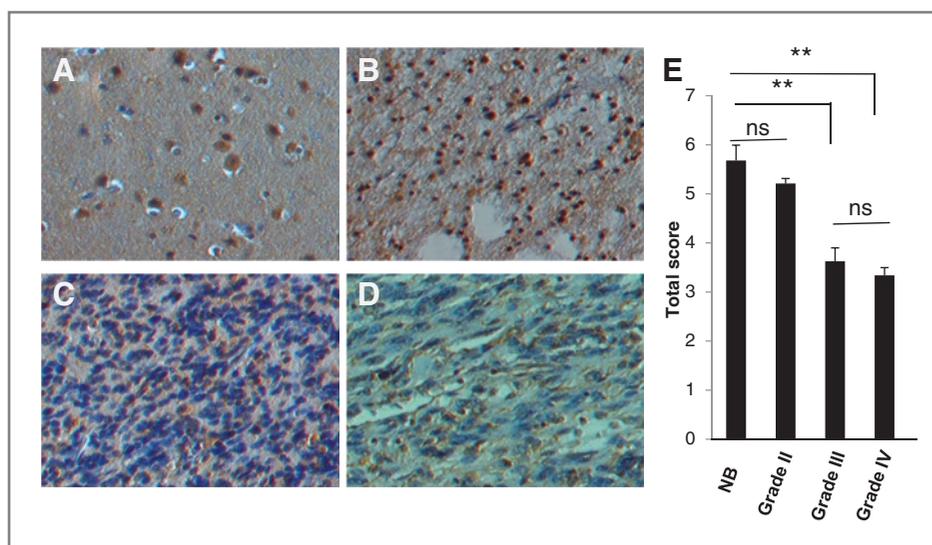
SPSS software was used for all statistical analyses. A Student  $t$  test was used to assess statistical differences between control and liquiritigenin-treated groups. The level of significance was set at  $P < 0.05$ .

## Results

### Gliomas express ERβ and nuclear expression of ERβ negatively correlates with histologic malignancy

Several investigations showed weak or no expression for ERα in gliomas. However, very little is known on the status of ERβ in glial tumors. We used a glioma TMA to investigate whether ERβ expression correlates with the clinical grade of gliomas or adjacent normal brain tissues. We measured the expression levels of ERβ by Immunohistochemistry (IHC), and intensity was scored as previously described (29, 31, 32). The representative staining for each grade is shown in Fig. 1A–D. ERβ expression was higher in the normal brain tissues and in the low-grade tumors but was significantly less in the high-grade tumors. ERβ was predominantly localized in the nucleus in grade II tumors, however most of the cells

**Figure 1.** ER $\beta$  expression negatively correlates with the histologic malignancy of gliomas. Glioma tissue array containing control brain ( $n = 16$ ; A), as well as grade II ( $n = 122$ ; B), grade III ( $n = 32$ ; C), and grade IV ( $n = 38$ ; D) tumor samples were immunohistochemically stained with ER $\beta$  antibody as described in Materials and Methods. E, quantitation of IHC was done as described in Materials and Methods; bars, SEM. \*\*,  $P < 0.05$ .

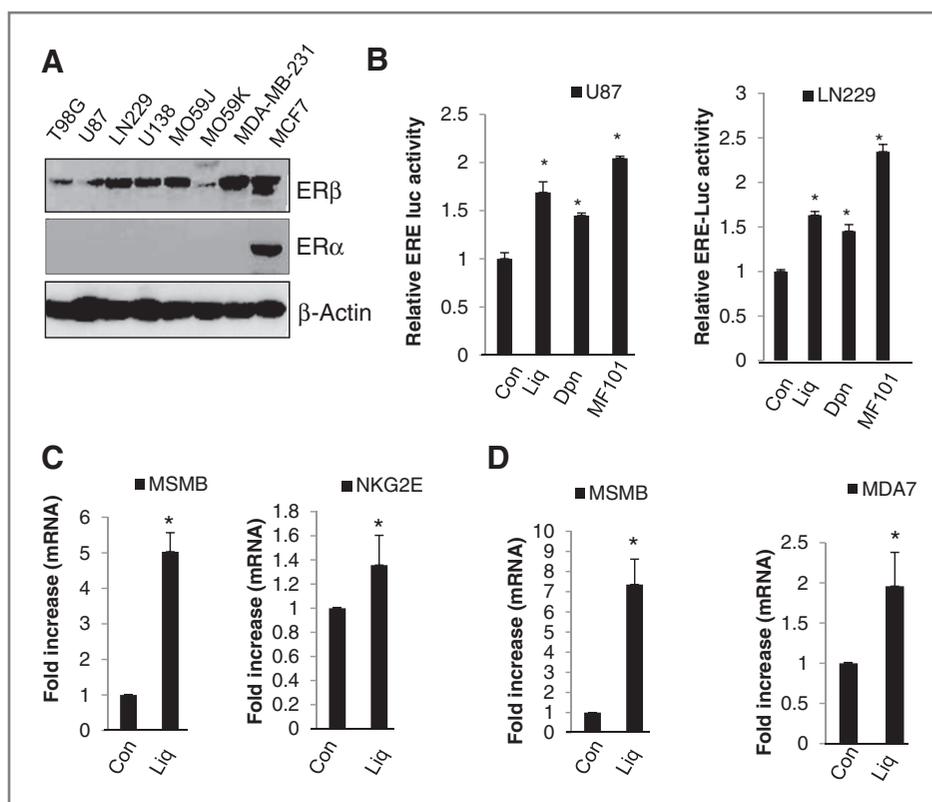


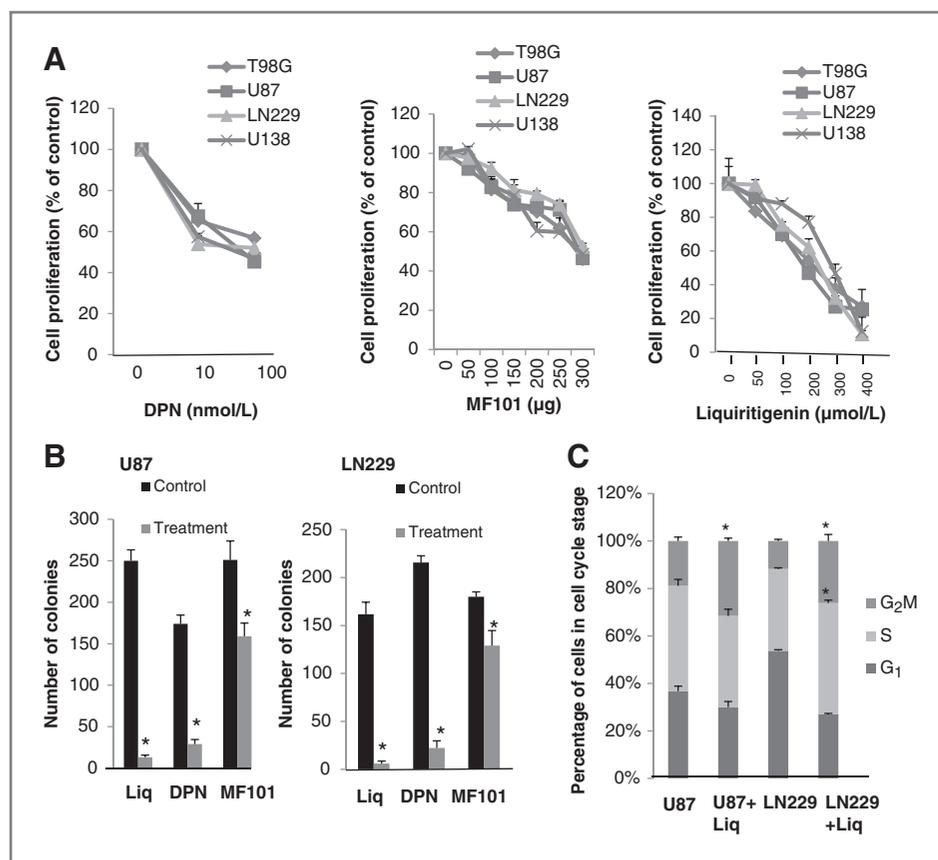
in high-grade tumors had cytoplasmic staining. The percentage ER $\beta$ -expressing cells with staining in the nucleus was significantly lower in high-grade tumors than in normal tissues and low-grade tumors (Fig. 1E). These results suggested that ER $\beta$  expression was decreased during the progression of gliomas and that high-grade gliomas express ER $\beta$  predominantly in the cytoplasm.

### Glioma cells have a functional ER $\beta$ signaling pathway

To understand the significance of the ER pathway in glioma progression, we examined the status of ER $\alpha$  and ER $\beta$  expression in various glioma cell lines. MCF7 and MDA-MB-231 breast cancer cells were used as positive controls for ER $\alpha$  and ER $\beta$ , respectively (Fig. 2A). All the 6 glioma model cells investigated were devoid of ER $\alpha$

**Figure 2.** Glioma cells have functional ER $\beta$  pathway. A, expression of ER $\alpha$  and ER $\beta$  protein in glioma cells was analyzed by Western blotting. Breast cancer cell lines MCF7 and MDA-MB-231 were used as positive controls for ER $\alpha$  and ER $\beta$ , respectively.  $\beta$ -Actin served as loading control. B, U87 and LN229 cells were transiently transfected with the ERE-Luc reporter and 24-hour posttransfection, cells were treated with DPN (10 nmol/L), MF101 (125  $\mu$ g), or liquiritigenin (100  $\mu$ mol/L). The reporter gene activity was measured after 24 hours. C and D, total RNA was isolated from vehicle- or liquiritigenin- (100  $\mu$ mol/L) treated U87 (C) and LN229 (D) cells and subjected to real-time quantitative PCR using the primers specific for ER $\beta$  target genes. All data presented are the mean  $\pm$  SEM. \*,  $P < 0.05$ ,  $t$  test.





**Figure 3.** ER $\beta$  agonists inhibit the proliferation of glioma cell lines. A, T98G, U87, LN229, and U138 glioma model cells were treated with vehicle (0.1% DMSO) or indicated concentrations of DPN, MF101, and liquiritigenin for 72 hours, and proliferation was measured using Cell Titer-Glo Luminescent Cell Viability Assay. B, U87 and LN229 cells were seeded in 6-well plates, and after 24 hours the cells were treated with vehicle (0.1% DMSO) or DPN (1  $\mu$ mol/L), MF101 (250  $\mu$ g), and liquiritigenin (200  $\mu$ mol/L) for 72 hours. After 7 days, colonies were stained with crystal violet and colonies that contained 50 or more cells were counted. All data presented are the mean  $\pm$  SEM. \*,  $P < 0.05$ ,  $t$  test. C, U87 and LN229 cells were treated with or without liquiritigenin (200  $\mu$ mol/L) and were subjected to flow cytometry. The percentage of cells in each cell-cycle phase is shown as a histogram. All data presented are the mean of 3 experiments  $\pm$  SEM. \*,  $P < 0.05$ ,  $t$  test.

expression; however, all of them expressed detectable levels of ER $\beta$ . Transfection of either ER $\beta$ -specific siRNA or shRNA into glioma cells substantially reduced the detection of ER $\beta$  band in Western blot (Supplementary Fig. S1). Results of these experiments showed the specificity of ER $\beta$  antibody used in this study. To examine the functionality of ER $\beta$  signaling in glioma cells, we used ligands that uniquely activate ER $\beta$  including DPN, MF101, and liquiritigenin. MF101 is derived from 22 herbs and is currently in clinical trials for hot flashes (28). Structure of DPN and liquiritigenin is depicted in Supplementary Fig. S2. Using reporter gene assays, we found that ER $\beta$  agonist treatment significantly enhanced the ERE-luciferase activity in U87 and LN229 glioma cell lines (Fig. 2B). To further confirm the functional activation of the ER $\beta$  transcriptional pathway, we examined the expression of ER $\beta$  target genes under conditions of ER $\beta$  agonist stimulation. Ligand stimulation enhanced the expression of the ER $\beta$  target genes *MSMB*, *MDA-7*, and *NKG2E* (Fig. 2C and D). Collectively, these results suggested that glioma cells express ER $\beta$  and that ER $\beta$  is functionally active.

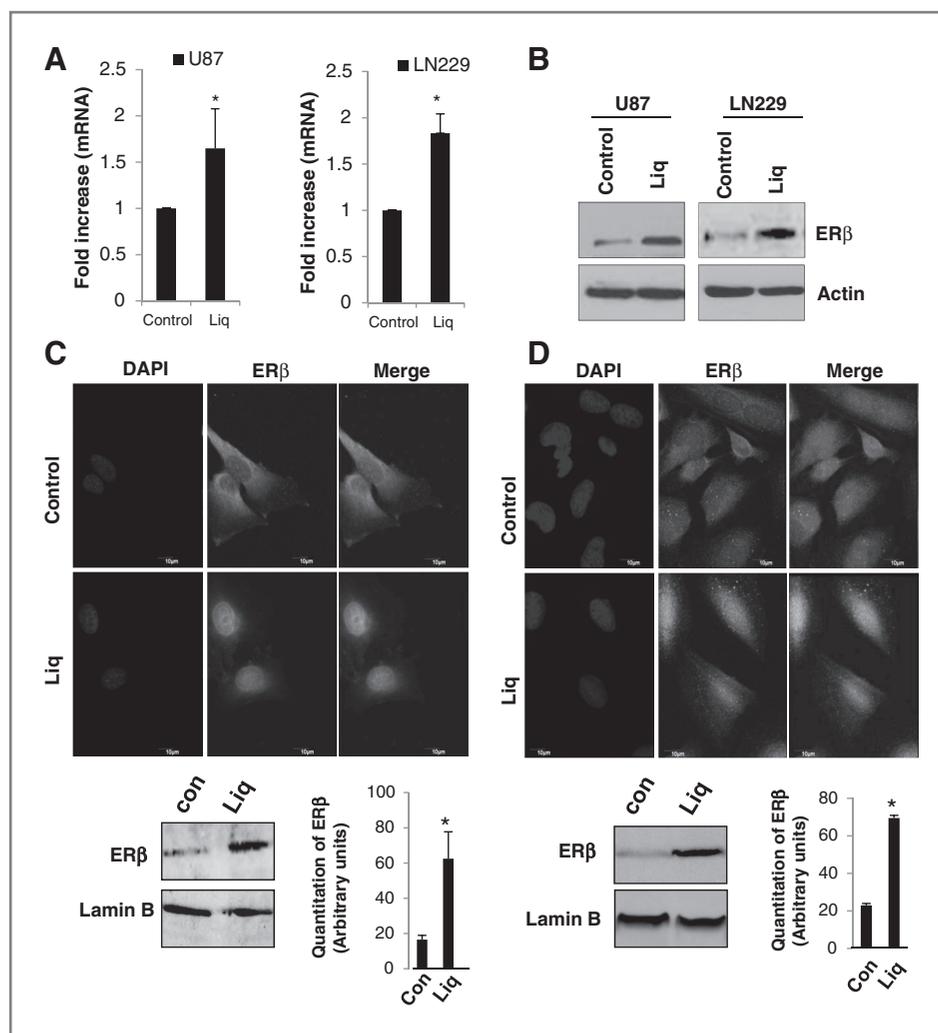
#### ER $\beta$ agonists reduce the proliferation of glioma cells

Emerging evidence suggest that ER $\beta$  functions as tumor suppressor. We therefore examined whether activation of ER $\beta$  pathway by agonists contribute to reduction of pro-

liferation in 4 different glioma model cells. Treatment of glioma cells with MF101, DPN, and liquiritigenin resulted in a significant dose-dependent reduction in cell proliferation (Fig. 3A). Knockdown of ER $\beta$  expression using either siRNA or shRNA, abolished the ability of ER $\beta$  ligands to reduce the proliferation of glioma cells (Supplementary Fig. S3). Similarly, treatment of ER $\alpha$ -specific agonist propyl-pyrazole triol (PPT) did not show any inhibitory effect on the proliferation of glioma cells (Supplementary Fig. S4). In cell survival assays, ER $\beta$  agonists significantly reduced the colony formation ability of glioma cells (Fig. 3B). Cell-cycle analysis of glioma cells revealed that ER $\beta$  agonist treatment causes cell-cycle arrest most significantly in G<sub>2</sub>-M phase in both model cells (Fig. 3C). Furthermore, ER $\beta$  agonist also showed significant effect on S phase accumulation in addition to G<sub>2</sub>-M arrest in LN229 cells. Collectively, these results suggested that ER $\beta$  agonists have potential to block cell-cycle progression of glioma cells and preferentially arrest them at the G<sub>2</sub>-M phase of cell cycle.

#### Liquiritigenin induces the expression and nuclear translocation of ER $\beta$

Earlier studies suggested autoregulation of ER $\beta$  by its ligand estrogen. We therefore examined whether ER $\beta$  agonist treatment increases expression of ER $\beta$  by using qRT-PCR assay. The results revealed that liquiritigenin



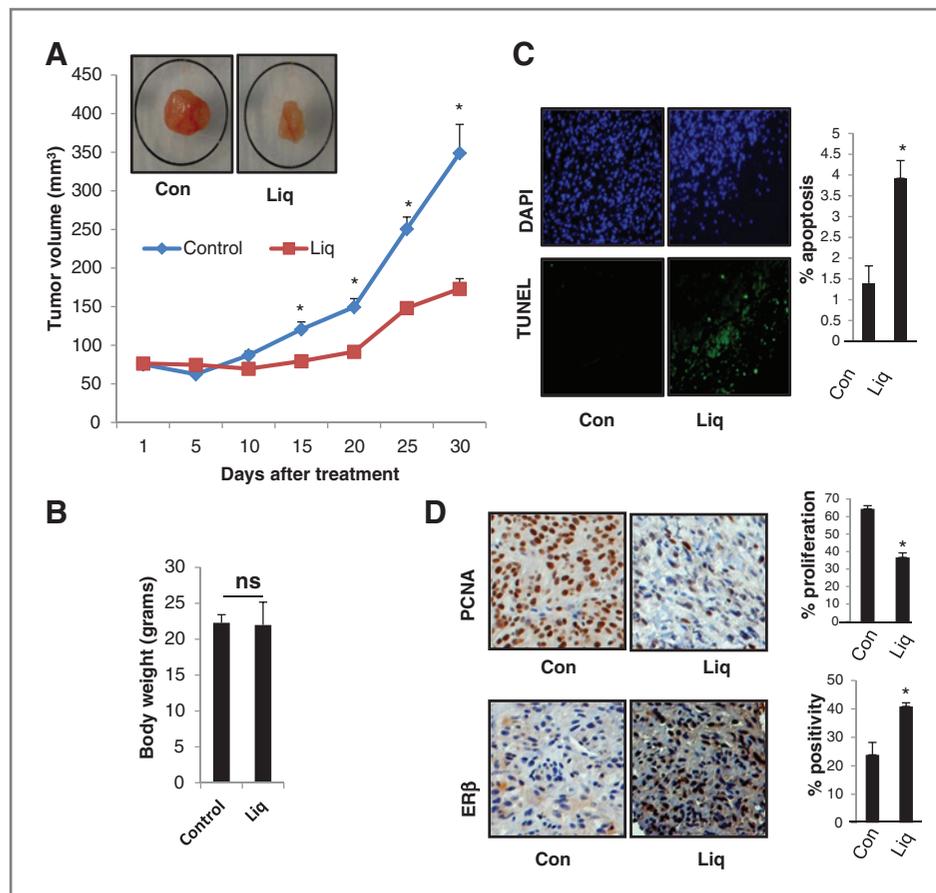
**Figure 4.** Ligniritigenin induced ER $\beta$  protein expression and nuclear translocation of ER $\beta$ . **A**, U87 and LN229 were treated with vehicle or ligniritigenin (100  $\mu$ mol/L) and expression of ER $\beta$  was measured by qRT-PCR. **B**, U87 and LN229 cells were seeded in 100-mm dishes and treated with vehicle (0.1% DMSO) or ligniritigenin (100  $\mu$ mol/L) for 24 hours and ER $\beta$  protein expression was detected by Western blotting.  $\beta$ -Actin was used as loading control. **C** and **D**, U87 and LN229 cells were seeded onto coverslips, treated with vehicle (0.1% DMSO) or ligniritigenin (100  $\mu$ mol/L) for 24 hours. Cells were then fixed in 3.7% paraformaldehyde and incubated with ER $\beta$  primary antibody and phalloidin staining (fluorescein isothiocyanate conjugated from Molecular Probes) for 1 hour at room temperature. Fluorescence was captured under Leica confocal microscope. DAPI was used to visualize the nuclei (top panels). U87 and LN229 cells were treated with vehicle (0.1% DMSO) or ligniritigenin (100  $\mu$ mol/L) for 48 hours, biochemical fractionation was carried out to isolate nuclei, and ER $\beta$  protein expression in the nuclear extracts was determined by Western analysis. Lamin B was used as an internal control. Band intensity was quantitated by densitometry and normalized to Lamin B (bottom panels). All data presented are the mean of 2 independent experiments  $\pm$  SEM. \*,  $P < 0.05$ ,  $t$  test.

enhanced the expression of ER $\beta$  (Fig. 4A). In agreement with the RT-PCR results, Western blot analysis of cell lysates revealed that ER $\beta$  protein expression was also significantly increased in glioma cells following ligniritigenin treatment (Fig. 4B). Because most of the ER $\beta$  staining was found in the cytoplasm in high-grade tumors, we determined whether ligniritigenin treatment promoted localization of ER $\beta$  to the nuclear compartment. Confocal microscopy revealed that most of the ER $\beta$  expression was confined to the cytoplasm in U87 and LN229 glioma cells; however, ligniritigenin treatment significantly induced the nuclear translocation of ER $\beta$  in these cells (Fig. 4C and D, top panels). Biochemical fractionation and Western

blot analysis also confirmed increased nuclear translocation of ER $\beta$  upon ligniritigenin treatment (Fig. 4C and D, bottom panels). These results suggested that activation of ER $\beta$  pathway via agonists has potential to increase ER $\beta$  protein expression and nuclear translocation.

#### Ligniritigenin reduce the growth of glioma tumors

To examine whether the ER $\beta$  agonist ligniritigenin inhibits growth of glioma cells *in vivo*, we used a nude mouse-based subcutaneous xenograft assay. Two weeks after subcutaneous implantation of U87 glioma cells and when xenograft tumors reached measurable size, ligniritigenin or vehicle was given subcutaneously at a dose of



**Figure 5.** Liquiritigenin treatment reduced subcutaneous glioma xenograft tumor growth *in vivo*. A, nude mice were subcutaneously implanted with  $1 \times 10^6$  U87 cells. After tumors reached measurable size, mice were treated daily with vehicle or liquiritigenin (20 mg/kg/body weight) for 30 days. Tumor size was measured with calipers for every 5 days. A representative picture of tumor is shown as an inset. B, body weight of both vehicle- and liquiritigenin-treated mice was measured weekly. C, TUNEL staining for apoptosis in control and liquiritigenin-treated tumors. Representative images are depicted (left). TUNEL labeling was quantified as the mean TUNEL labeling percentage based on at least 3 randomly selected high-power microscope fields per group (right). D, quantitation of PCNA staining using the PCNA index is shown in top panel. \*,  $P < 0.05$ . ERβ expression was analyzed by IHC in tumors treated with vehicle or liquiritigenin (bottom); quantitation was done as described in Materials and Methods; bars, SEM. \*,  $P < 0.05$ .

20 mg/kg/mice/d. Tumor volume was measured for every 5 days. After 30 days of treatment, the mice were euthanized. As shown in Fig 5A, the rate of tumor growth was significantly reduced in liquiritigenin-treated mice. No toxicities were observed as determined by behavioral changes, such as eating habits and mobility in animals treated with liquiritigenin, and mouse weights were not significantly different between control and liquiritigenin-treated groups (Fig. 5B). Furthermore, TUNEL analysis showed that the number of apoptotic cells was significantly higher in liquiritigenin-treated mice than in the control mice (Fig. 5C). The proliferation rate of tumor cells was significantly lower in the liquiritigenin-treated mice, which was evident from the reduced PCNA expression (Fig. 5D). ERβ expression and nuclear localization was significantly greater upon liquiritigenin treatment (Fig. 5D). Overall these results suggested that liquiritigenin can restore ERβ expression in gliomas and has potential to suppress glioma cell proliferation *in vivo*.

## Discussion

Gliomas are the most common and deadliest form of primary central nervous system neoplasms. Steroid hormones play crucial roles during brain development and differentiation (11, 12). Several lines of evidence suggest

that the incidence of brain tumors is significantly higher in males than in reproductive-aged females, suggesting the possible protective role of female sex hormones in the development of brain tumors (6–10). However, a molecular mechanism through which estrogen may mediate protection against the gliomas remains elusive. In this study, we examined the significance and therapeutic potential of ERβ signaling in glioma progression using ERβ-specific ligands. We found that (i) glioma cell lines uniquely expressed ERβ but not ERα, (ii) ERβ agonists promoted functional activation of ERβ pathway in glioma model cells, (iii) ERβ agonists enhanced ERβ expression and its nuclear localization, (iv) ERβ agonists decreased glioma proliferation, and (v) the ERβ agonist liquiritigenin significantly reduced glioma tumor growth in a xenograft model. Collectively, these results suggest that ERβ signaling confers tumor-suppressive functions on gliomas.

Recent studies have shown that ERβ has quite a different function than ERα, and that ERβ functions as a tissue-specific tumor suppressor with antiproliferative actions (18). Evolving evidence suggests that ERβ overexpression or ligand-dependent activation results in the inhibition of proliferation of various cancerous cells and depending on cell type, activation of ERβ signaling is shown to promote either G<sub>2</sub> or G<sub>1</sub> arrest (23–25). In our

study, we found that ER $\beta$  agonists reduced glioma cell proliferation and colony formation. Furthermore, liquiritigenin treatment resulted in the arrest of cell cycle in G<sub>2</sub>-M phase. Our findings suggest that ER $\beta$  selective agonists such as DPN, MF101, and liquiritigenin have the potential to inhibit glioma cell proliferation and tumor growth.

ER $\beta$  is highly expressed in low-grade astrocytomas and nonneoplastic brain tissues, and its localization was preferably confined to the nucleus (33). In contrast, most of the high-grade tumors showed low ER $\beta$  expression (34). ER $\beta$  downregulation significantly correlated with the histologic malignancy of gliomas (35). Recently released TCGA pilot project data ranks ER $\beta$  as top ranking gene for gliomas (155 of 7,658 genes tested) and showed that ER $\beta$  expression decreases during glioma progression. Using TMAs, we found the presence of ER $\beta$  expression in normal brain tissue and in early stage gliomas. We also found reduced ER $\beta$  expression correlated with the higher tumor grade. We also observed that ER $\beta$  was localized in the cytoplasm in most of the high-grade tumors and glioma cell lines. ER $\beta$  overexpression is shown to promote the differentiation of tumor cells and ER $\beta$  agonist  $\beta$ -estradiol was necessary for maintaining epithelial phenotype (36). Our results corroborate with recently published TMA studies that suggest reduced ER $\beta$  signaling may be a prognostic marker for gliomas (33, 34). These findings suggest agonists that increase or stabilize the ER $\beta$  expression may have clinical utility in reducing glioma tumor growth.

Currently, various ER $\beta$ -selective drugs including DPN, ERB-041, MF101, and liquiritigenin are being investigated as a replacement for estrogens to treat menopausal symptoms (17, 18). Previous studies showed that ER $\beta$  agonist such as liquiritigenin did not stimulate tumor growth of breast cancer cells in nude mice studies, suggesting the lack of proliferative actions of liquiritigenin (26). Another study showed that liquiritigenin significantly reduced the growth of hepatoma tumors (37). Our results showed that liquiritigenin has the potential to inhibit glioma cell proliferation *in vitro* and also *in vivo* in xenograft-based assays. Immunohistochemical analysis revealed that

liquiritigenin reduced the growth of subcutaneous tumors by decreasing proliferation of tumor cells and by inducing apoptosis. In addition, ER $\beta$  expression was significantly greater in liquiritigenin-treated tumors. These results confirmed that liquiritigenin exhibited antitumor activity via the activation of the ER $\beta$  pathway. Furthermore, ER $\beta$  agonists (DPN and LIQ) have good blood-brain barrier permeability and less neuronal toxicity (38, 39); hence, they are very suitable for therapeutic treatment of gliomas.

In summary, our study results showed the therapeutic significance of the ER $\beta$  pathway in gliomas and suggest that functional activation of the ER $\beta$  pathway is a potential therapeutic target for gliomas. Because ER $\beta$  agonists are currently in clinical trials and are well tolerated with fewer side effects, identification of ER $\beta$  agonists as therapeutic agents can be readily extended to clinical use and ER $\beta$  agonists could represent a novel class of drugs to treat gliomas.

#### Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

#### Authors' Contributions

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