Microtubule Dynamics Control Tail Retraction in Migrating Vascular Endothelial Cells

Anutosh Ganguly1, Hailing Yang2,3, Hong Zhang1, Fernando Cabral2, and Kamala D. Patel1

Abstract

Drugs that target microtubules are potent inhibitors of angiogenesis, but their mechanism of action is not well understood. To explore this, we treated human umbilical vein endothelial cells with paclitaxel, vinblastine, and colchicine and measured the effects on microtubule dynamics and cell motility. In general, lower drug concentrations suppressed microtubule dynamics and inhibited cell migration whereas higher concentrations were needed to inhibit cell division; however, surprisingly, large drug-dependent differences were seen in the relative concentrations needed to inhibit these two processes. Suppression of microtubule dynamics did not significantly affect excursions of lamellipodia away from the nucleus or prevent cells from elongating; but, it did inhibit retraction of the trailing edges that are normally enriched in dynamic microtubules, thereby limiting cell locomotion. Complete removal of microtubules with a high vinblastine concentration caused a loss of polarity that resulted in roundish, rather than elongated, cells, rapid but nondirectional membrane activity, and little cell movement. The results are consistent with a model in which more static microtubules stabilize the leading edge of migrating cells, whereas more dynamic microtubules locate to the rear where they can remodel and allow tail retraction. Suppressing microtubule dynamics interferes with tail retraction, but removal of microtubules destroys the asymmetry needed for cell elongation and directional motility. The prediction that suppressing microtubule dynamics might be sufficient to prevent angiogenesis was supported by showing that low concentrations of paclitaxel could prevent the formation of capillary-like structures in an in vitro tube formation assay.

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Introduction

Tumor growth depends on the formation of blood vessels that bring nutrients and oxygen to the cells, a process known as angiogenesis. When angiogenesis is inhibited, tumor size is limited and, in most cases, serious pathology is averted (1). Based on these observations, considerable effort has gone into identifying inhibitors of angiogenesis that can be used to treat patients with cancer. However, this approach has, thus far, met with only limited success (2). In order to advance this treatment option, it will be necessary to further understand the mechanisms involved in human angiogenesis and the mechanisms by which inhibitors interfere with the angiogenic process.

Drugs that target the microtubule cytoskeleton are potent inhibitors of angiogenesis, but the mechanisms by which they act are not well understood. Microtubules are dynamic polymers that alternate between periods of growth and shortening interrupted by pauses during which there is no net change in length. This behavior, termed dynamic instability, allows microtubules to probe their environment and remodel in response to cytoplasmic or extracellular signals (3, 4). Microtubule-targeted drugs suppress dynamic behavior regardless of whether they act like vinblastine and colchicine (structures shown in Supplementary Fig. S1) to inhibit microtubule assembly, or they act like paclitaxel to stabilize microtubules (5). It, traditionally, has been thought that these drugs inhibit both cell division and cell migration by suppressing microtubule dynamics; however, recent work indicates that low drug concentrations are sufficient to suppress dynamics and inhibit cell migration yet much higher drug concentrations are needed to block cell division (6, 7). The link between suppression of dynamics and inhibition of cell migration appears to hold for many cultured cell lines; but, in the case of vascular endothelial cells, it has been reported that microtubule dynamics are stimulated rather than suppressed by low concentrations of paclitaxel or vinflunine, and this stimulation causes inhibition of cell migration (8, 9). To further explore the...
influence of microtubule-targeted drugs on cell migration, we examined the dose-dependent effects of paclitaxel, colchicine, and vinblastine on dynamic instability and migration of primary human vascular endothelial cells (HUVEC). Our results indicate that the drugs suppress microtubule dynamics in parallel with inhibition of cell migration by interfering with the ability of microtubules to remodel in the trailing edge. The drug concentrations that suppressed microtubule dynamics and inhibited cell migration also inhibited the ability of the cells to form capillary-like tubes on Matrigel.

### Materials and Methods

#### Materials

Medium 199, penicillin/streptomycin/glutamine, Hank’s Buffered Saline Solution (HBSS), trypsin-EDTA, trypsin, and 4’,6-diamidino-2-phenylindole dihydrochloride (DAPI) and Alexa 488-conjugated goat anti-mouse immunoglobulin G (IgG) were from Invitrogen Life Technologies. Porcine gelatin, vinblastine, colcemid, and tubulin antibody DM1A were from Sigma-Aldrich Chemicals. Paclitaxel was obtained from Cytoskeleton Inc., and all other chemicals were from BDH. The ibidi dishes and chambers are from ibidi, and plastic ware was from VWR International or Becton Dickinson.

#### Endothelial cell isolation

Endothelial cells were isolated from human umbilical cords (Foothills Hospital, Calgary, Canada) as described previously (10). They were grown on a matrix of 0.2% gelatin and maintained in M199 with 20% human serum. First-passage endothelial cells were used in all experiments, and the purity and differentiated status of the endothelial cells was confirmed by staining with VE-cadherin to identify endothelial cell junctions and von Willebrand factor to identify Weibel–Palade bodies. The University of Calgary Conjoint Health Research Ethics Board approved all procedures requiring human subjects.

#### Mitotic index

Endothelial cells were grown on glass coverslips coated with 2% gelatin and 25 μmol/L fibronectin for 24 hours, and microtubule inhibitors were added for an additional 24 hours. The cells were fixed in 2% paraformaldehyde for 10 minutes, permeabilized in HBSS containing 0.5% Triton X-100, stained with DAPI for 30 minutes, washed in HBSS buffer for another 30 minutes, and then observed under a fluorescence microscope with a ×40, N.A. 0.60 objective. The mitotic index was calculated as the percentage of cells that had condensed chromosomes.

#### Immunofluorescence

Endothelial cells grown to 70% confluence on glass coverslips coated with 2% gelatin and 25 μmol/L fibronectin were washed in PBS and pre-extracted with microtubule-stabilizing buffer (20 mmol/L Tris–HCl (pH 6.8), 1 mmol/L MgCl2, 2 mmol/L EGTA, 0.5% Nonidet P40, and 4 μmol/L paclitaxel) at 4°C for 1 minute. They were then fixed in methanol at −20°C for 10 minutes and stained with DM1A mouse monoclonal antibody to α-tubulin (Sigma Aldrich) for 1 hour. The coverslips were washed and counterstained for 1 hour with Alexa 488-conjugated goat anti-mouse IgG (Invitrogen) that included 1 μg/mL DAPI. After the final wash, the coverslips were mounted on slides with Prolong Gold mounting medium (Invitrogen). The images were captured with a ×100, N.A. 1.35 objective using a wide-field microscope (Olympus) equipped with a charge-coupled device (CCD) camera.

#### Endothelial cell migration and membrane activity

Endothelial cells were grown on 35 mm tissue culture dishes coated with gelatin and fibronectin until they reached confluence. A scratch was then introduced across the middle of the monolayer and the migration of the cells into the wound was monitored over time with the aid of a microscope equipped with a 37°C incubator and a CCD camera. Images of cells moving into a wound were captured starting at 1 hour and continued every 15 minutes for a total of 12 hours using an ×4, N.A. 0.16 objective on a wide-field microscope (Olympus). Image stacks were imported into ImageJ using the LOCI bioformats importer plugin. Cells were tracked with the manual tracking plugin tool by recording the XY coordinates of the nucleus. To quantify membrane activity, images of migrating cells were captured at 1 minute intervals using an ×10, N.A. 0.30 phase objective and imported into ImageJ. The distances of leading and trailing membrane edges from a fixed point in the nucleus were measured and plotted over time to generate life history plots of membrane positions. The results were quantified by averaging the changes in distance that occurred during each 1 minute interval.

#### Angiogenesis

Endothelial cells were plated at approximately 80% of confluence on ibidi-bottom angiogenesis micro-slides coated with 10 μL of Matrigel and incubated in the presence or absence of microtubule inhibitors. After 5 hours, tube formation was monitored using phase-contrast microscopy with an ×4, N.A. 0.16 objective. Calcein (2 μg/mL) was added to fluorescently label the living cells. After 30 minutes, the medium was replaced and images were collected using either an ×4, N.A. 0.16 or ×10, N.A. 0.30 objective.

#### Live cell imaging of microtubules

Endothelial cells grown on either ibidi 35 mm dishes or in ibidi 8-well plates were transfected with GFP-MAP4 using JetPEI-HUVEC according to the manufacturer’s instructions. Twenty-four hours after transfection, endothelial cells were transferred to phenol red-free medium before imaging. Images were captured every 3 seconds for 4 minutes, giving a total of 50 image frames. Microtubule dynamics were calculated by using ImageJ as previously described (6, 11).
Statistical analysis
All experiments were performed at least 3 times, and statistical differences were determined using either a Student t test (two groups) or ANOVA with the appropriate posttest (more than two groups). Data are expressed as mean ± SEM, and a P < 0.05 was considered significant.

Results
Paclitaxel, colchicine, and vinblastine differ in their relative abilities to inhibit cell migration versus cell division
Using a variety of cultured cell lines, we previously reported that cell migration could be inhibited at lower concentrations of microtubule-targeted drugs than were needed to inhibit cell division (6). To test whether this relationship would also hold true for primary cells, we isolated fresh HUVECs and treated them with paclitaxel, colchicine, or vinblastine to examine the relative abilities of the drugs to inhibit cell migration and cell division. We found that paclitaxel inhibited cell migration at a 15.6-fold lower concentration than was needed to inhibit cell division (IC50 migration = 0.48 nmol/L; IC50 cell division = 7.5 nmol/L; Fig. 1A). Thus, paclitaxel selectively inhibited HUVEC migration at concentrations that had no effect on cell division. In contrast, vinblastine inhibited cell migration and cell division at similar concentrations, with only a 1.6-fold difference in the IC50 values for migration and cell division (IC50 migration = 1.9 nmol/L; IC50 cell division = 3.1 nmol/L; Fig. 1B). Colchicine showed an intermediate phenotype with a 7.9-fold difference in IC50 values (IC50 migration = 1.4 nmol/L; IC50 cell division = 11.0 nmol/L; Fig. 1C). In all cases, migration was inhibited at lower concentrations than cell division in HUVECs; nevertheless, the separation of IC50 values varied considerably among the drugs. The molecular basis for this variation is unknown but is under active investigation.

Paclitaxel, vinblastine, and colchicine suppress microtubule dynamics in vascular endothelial cells
Microtubule inhibitors were reported to increase microtubule dynamics in HMEC-1 cells and HUVECs, and the increases were tied to the inhibition of cell motility (8, 9). These results are in contradiction to the findings in most other cell types in which drug treatment has been reported to suppress microtubule dynamics (12). To directly address this discrepancy in primary cultures of HUVECs, we transfected the cells with EGFP-MAP4 to label the microtubules for live cell imaging experiments. Microtubule dynamics were then determined by measuring microtubule length every 5 seconds in the presence or absence of different concentrations of paclitaxel, vinblastine, or colchicine. The concentrations used were based on the IC50 values for migration and cell division, as shown in Fig. 1.

We found that all three drugs had dose-dependent effects on microtubule dynamics in HUVECs. Many parameters that influence dynamic instability were altered (Supplementary Tables S1–S3). Figure 2 shows that all three drugs significantly decreased the time microtubules spent either growing or shrinking, resulting in an increase in microtubules in a paused state. This resulted in a significant decrease in overall dynamicity, a parameter that serves as a measure for how quickly microtubules can remodel (Fig. 2). In contrast to other cell lines, the drugs had limited effects on catastrophe as well as growth and shrinkage rates (Supplementary Tables S1–S3) in HUVECs. Drug-induced suppression of dynamicity
consistently paralleled drug-induced suppression of cell motility.

An exception to these general observations occurred with colchicine. At very low concentrations (0.2 nmol/L), colchicine increased dynamicity, but dynamics were then suppressed as the concentration was increased (Fig. 2C). Importantly, cell migration was only inhibited at colchicine concentrations that suppressed dynamics. Overall, the results indicated that suppression of microtubule dynamics is associated with inhibition of endothelial cell migration and is likely to be responsible, at least in part, for the known antiangiogenic effects of microtubule inhibitors (13).

Dynamic microtubules are enriched in the trailing edge of migrating cells

Locomotion begins with the extension of a lamellipodium that causes the cell to elongate, and is followed by retraction of the trailing edge to produce net forward movement. To better understand how dynamic microtubules are distributed during this process, GFP-MAP4–transfected HUVECs were observed by fluorescence time-lapse microscopy while moving into a scratch wound. One such cell is shown in Fig. 3. The leading edge is shown at the left and the trailing edge is shown at the right, with areas monitored by time lapse outlined in red boxes labeled a–d (Fig. 3A). As shown in Fig. 3B, microtubules at the leading edge were relatively static with little growth or shortening during the 20-second time period that is shown. In contrast, both regions in the trailing edge showed significant numbers of microtubules that either grew (arrows) or shortened (arrowheads) during the same time period (Fig. 3C). A significant number of microtubules in the tail regions shortened rapidly beyond the reference point from where our measurements started. Those microtubules were not included in our calculation of the parameters of dynamic instability listed in Supplementary Table S4 because our calculations, like those of others who carry out these kinds of measurements, typically exclude microtubules that fail to exist for at least 120 seconds. Microtubules exhibiting such extended depolymerization were nearly absent in the leading edge of the cell and, therefore, our data actually underestimate the large differences in dynamics that exist between the leading and trailing edges of migrating cells. These data suggest that dynamic microtubules are specifically needed in the tail region to allow cell movement.

Suppressing dynamics inhibits tail retraction

An asymmetric distribution of dynamic microtubules has been previously observed in migrating epithelial and fibroblast cell lines, and is consistent with proposed a model in which dynamics are required to allow microtubule remodeling during tail retraction (14, 15). It is also possible, however, that microtubule assembly and disassembly are needed to regulate the activity of lamellipodia (16). To test this possibility, we examined temporal membrane excursions in migrating HUVECs. This was done by measuring the distance between the cell membrane and the nucleus at either the leading or trailing edge of the cells and obtaining “life histories” of the two membrane edges. In untreated cells, there was a clear difference in the

Figure 2. Changes in select parameters of dynamic instability in cells treated with microtubule inhibitors. HUVEC were transfected with EGFP-MAP4 and microtubule behavior was measured in varying concentrations of paclitaxel (A), vinblastine (B), and colchicine (C). The plots show the effects of drugs on various parameters of dynamic instability (colored lines) superimposed on the drug effects on cell motility determined from a wound-healing scratch assay (solid circles, black line).
membrane excursions between the leading and trailing edges (Fig. 4A and Supplementary Movie S1). There were frequent excursions ranging from a few micrometers to more than 10 μm at the leading edge and the membrane activity, which we define as the average rate of displacement of the membrane from the nucleus, was 2.8 ± 0.5 μm/min (Fig. 4E). The trailing edge displayed similar but shorter excursions with a membrane activity of 1.1 ± 0.3 μm/min. Superimposed on the shorter excursions at the trailing edge, however, there was a larger periodic increase and decrease in the distance from the nucleus with an average time between peaks of 26.4 ± 3.1 minutes that we interpret as stretching and release of the cell posterior as the cell moves forward. In support of this interpretation, direct observation of the stretching and release of the trailing edge of migrating HUVECs in time-lapse movies gave an average value of 25.3 ± 5.8 minutes, a time that matched well to the periodicity we saw in the life-history plots.

The addition of 1 nmol/L paclitaxel to suppress microtubule dynamics caused a small reduction in the length of excursions and membrane activity at the leading edge, but had little or no effect on the smaller excursions or membrane activity seen at the trailing edge (Figs. 4B, 4E; and Supplementary Movie S2). However, the larger 26.4-minute average periodicity normally seen for the trailing membrane could no longer be measured within the 60-minute observation time of these measurements. Large excursions were still seen, suggesting that the cell was able to stretch in the direction of movement, but the peaks were broader and the distance between peaks was extended. Similar changes were seen by observing a time-lapse video (Supplementary Movie S2) where tail retraction appeared to be incomplete and the average time between successive tail retractions increased to 50.3 ± 5.5 minutes.

Treating the cells with colchicine at a low concentration that suppresses microtubule dynamics produced similar results (Fig. 4C and 4E).

Although microtubule dynamics did not appear to play a major role in regulating membrane activity at the leading and trailing edges, the possibility remained that the physical presence of microtubules might be needed for membrane activity, perhaps by transporting vesicles to sites of membrane growth as has been suggested by others (17, 18). We tested this possibility by treating HUVECs with 100 nmol/L vinblastine, a concentration that eliminated the microtubule cytoskeleton (Supplementary Fig. S2). Contrary to the idea that microtubules are needed to facilitate membrane growth during lamellipodial extension, we observed that HUVECs lacking microtubules had even more membrane activity than control (Figs. 4D and E; and Supplementary Movie S3). In addition, the difference in membrane activity between the leading and trailing edges seen in control cells was lost as was the periodicity attributed to cell stretching. These changes are consistent with a model in which microtubules are needed for cell polarity and tail retraction but not for membrane activity.
Microtubules are needed for directional cell movement

The ability of low drug concentrations to suppress microtubule dynamics and inhibit cell migration but not cell elongation suggested that the cells should still move in a directional manner, albeit more slowly. On the other hand, the loss of polarity in cells treated with a high concentration of vincristine to eliminate the microtubule network suggested that the cells would lose directional cell motility. To test these predictions, individual cells were tracked in a wound-healing assay, and the results are shown in Fig. 5. Untreated HUVECs were seen to move predominantly and continuously in the direction of the wound (Fig. 5A). As predicted, cells treated with 1 nmol/L paclitaxel (Fig. 5B) or 2 nmol/L colchicine to suppress microtubule dynamics (C), and cells treated with 100 nmol/L vincristine to eliminate the microtubules (D) are shown. Both edges exhibited relatively rapid fluctuations in the distance of the membrane from the nucleus. However, the trailing edge of control cells (dotted line in [A]) also exhibited a periodic rise and fall that we interpret as stretching and release of the trailing edge during cell migration. We define the time between successive peaks as the periodicity. Membrane activity, defined as the average rate of membrane displacement from the nucleus is plotted in E. ***, P < 0.001; **, P < 0.01; *, P < 0.05.

Suppression of microtubule dynamics inhibits endothelial tube formation

The ability of low-dose microtubule inhibitors to suppress microtubule dynamics and inhibit the migration of HUVECs suggested that they may also be able to inhibit angiogenesis at concentrations that cause minimal toxicity. To test effects on angiogenesis, we used an in vitro tube formation assay that mimics the ability of endothelial cells to reorganize into capillary-like structures on a three-dimensional (3D) Matrigel matrix (19). An example of the capillary-like network formed by untreated HUVECs in a 5-hour time span is shown in Fig. 6A. When paclitaxel was included at a concentration that suppresses microtubule dynamics, far fewer endothelial tubes were seen (Fig. 6B). The images were quantified by measuring the total length of the tubes or the area occupied by tubes in 10 randomly chosen microscopic fields. Both methods gave very similar results showing that paclitaxel inhibited the ability of HUVECs to form tubes by 88% (for tube length: 559 ± 25.2 μm for control vs. 68.4 ± 2.5 μm for paclitaxel treated; P < 0.001; for percentage of area occupied by the tubes: 49.3 ± 1.1 for control vs. 5.7 ± 0.9 for paclitaxel treated;
P < 0.001; Fig. 6C). A dose–response curve for the percentage change in tube length at different concentrations of paclitaxel is depicted in Fig. 6C, showing a close correlation between inhibition of wound healing and tube formation. A similar association between inhibition of cell migration and tube formation was obtained using low concentrations of colchicine (data not shown), suggesting that the relationship is not tied to the choice of microtubule inhibitor. The results indicate that suppression of microtubule dynamics can inhibit the generation of tubelike structures that have predictive value for the ability of endothelial cells to form capillaries.

Discussion
The ability of microtubule-targeted drugs to inhibit angiogenesis has previously been reported, but the mechanism by which they act has remained controversial (see ref. 13 for review). Liao and colleagues suggested that the drugs might be inhibiting cell migration by suppressing microtubule dynamics (20), and later studies confirmed this prediction in multiple cultured cell lines (6, 21–23). However, it has also been reported that, in contrast to these other cell lines, microtubule dynamics were increased rather than decreased when HUVECs and HMEC-1 cells were treated with low concentrations of vinflunine or paclitaxel (8, 9). Further complicating interpretations of published studies is the widely held perception that drug concentrations able to suppress microtubule dynamics also inhibit cell proliferation (24). This perception was recently shown to be incorrect and paved the way toward explaining earlier reports that nontoxic concentrations of microtubule inhibitors can effectively inhibit angiogenesis (6, 7, 11).

Because there is a possibility that various cell lines might respond differently to drug treatment, we decided to test the effects of microtubule inhibitors on cells that are as close to the in vivo situation as possible. With this in mind, we isolated fresh HUVECs from human umbilical cords, cultured them in human serum, and used them within days of isolation. The cells were found to be highly motile in scratch assays and their migration was reduced by treating with relatively low concentrations of microtubule inhibitors. At the low drug concentrations that slowed motility, there was little or no effect on cell division but the results were highly drug dependent, suggesting that it may be possible to find compounds that can efficiently inhibit cell migration with relatively little systemic toxicity due to blocking of cell division.

To explore the mechanism by which low drug concentrations inhibit cell migration, we examined dose-dependent drug effects on microtubule behavior. Microtubules are known to exhibit stochastic episodes of growth and shortening interspersed with paused periods in which there is no net change in length. This behavior has been called dynamic instability and is believed to underlie the ability of microtubules to quickly remodel and adapt to changing cellular conditions (3, 4). Virtually all drugs that bind to microtubules have been shown to suppress this dynamic behavior in a variety of established cell lines (24). In agreement, we found that paclitaxel, vinblastine, and colchicine also suppress dynamics in primary cultures of HUVECs. Our results contrast with reports that microtubule dynamics increase in vascular endothelial cells lines that are drug treated (8, 9). The reasons for this
discrepancy are unknown. However, we find the agreement of our data with the many other cell lines that have been examined to be a satisfying result that negates the need to postulate a different mechanism at work in the vasculature. Interestingly, we did find a small increase in microtubule dynamics in HUVECs treated with colchicine. The concentration that produced this effect, however, was insufficient to retard cell motility. Motility was inhibited by higher concentrations of colchicine in concert with a suppression of microtubule dynamics. Thus, even when drugs produce an increase in dynamics, those changes do not correlate with inhibition of cell migration.

To explain the role of microtubule dynamics in cell motility, we considered two possible models. Others have suggested that rac-GTP, a stimulator of lamellipodial activity, may be displaced from tubulin heterodimers when microtubules assemble, making it available to stimulate the actin polymerization needed to extend lamellipodia (25). However, this model appears to be incompatible with the observation that lamellipodial activity increased when microtubules were depolymerized at high drug concentrations (see Fig. 4). We, therefore, favor a second model based on the idea that microtubules can act as "struts" that physically oppose contractile forces generated by actin/myosin filaments (14, 26, 27).

This model predicts that a chemical gradient or other directional signal would induce a cascade of events resulting in the stabilization of microtubules at one end of a cell. This would allow consolidation of any membrane extension at this edge of the cell before contractile forces could return the cell to a rounded morphology. A continuation of this process following further membrane extensions (whether random or induced) would lead to a gradual extension of the cell in the direction of the chemical signal. Eventually, stresses on the cell resulting from stretching would have to be relieved by releasing the trailing edge and allowing the cell to return to a more rounded morphology before beginning another cycle of cell stretching. The retraction of the trailing edge, however, is dependent upon the ability of microtubules in the region to remodel. By suppressing the dynamic behavior of microtubules, low concentrations of microtubule inhibitors interfere with the remodeling, inhibit the ability of the cells to retract their tails, and slow the movement of the cells toward the chemical signal.

Microtubule-targeted drugs blocked cell migration in a scratch assay by approximately 50% (Fig. 1), and blocked tube formation in a 3D matrix by almost 90% (Fig. 6). The ability of microtubule targeted drugs to inhibit cell migration and angiogenesis in these in vitro assays begs the question of why these same drugs have not been more effective in treating patients with cancer. We believe the answer lies, in part, on the protocols used to administer the drugs. Traditionally, microtubule inhibitors have been given to patients at maximum tolerated doses; that is, high concentrations that produce significant toxicity. At these concentrations, the drugs interfere with mitotic spindle function and inhibit cell division. These activities were...
recently shown to result from the ability of these drugs to affect the stability of microtubule attachment to spindle poles and not by their ability to suppress microtubule dynamics as previously thought (7). Although inhibition of cell migration and angiogenesis also occurs under these conditions, the toxicity resulting from high-dose regimens necessitates the cessation of treatment to allow bone marrow recovery. During this recovery period, tumor cell growth and angiogenesis resume as well.

A better strategy to target angiogenesis is continuous treatment with a low, noncytotoxic drug concentration. Using concentrations greater than the minimum needed to inhibit cell migration will engage other drug actions, such as inhibition of cell proliferation, without producing any further decrease in cell motility (and angiogenesis). Our data suggest that the effectiveness of a low-dose drug strategy will be highly drug dependent. As we have shown, microtubule inhibitors can have different relative potencies for inhibiting cell migration versus cell division. This is because the drugs target two separate microtubule characteristics: (i) microtubule dynamics that are needed for cell migration, and (ii) stability of microtubule attachment to spindle poles that affects mitotic spindle function and cell division (6, 11). Thus, currently available drugs should be screened for their relative potencies in inhibiting these two distinct activities. Given our finding that paclitaxel requires a 15-fold increase in the concentration needed to inhibit cell division versus cell migration, and the fact that drugs are currently optimized for their effects on mitosis rather than cell motility, it is likely that compounds are even better at inhibiting cell migration versus cell division may exist. We are currently screening new drug derivatives in an attempt to isolate such compounds.

With an optimized drug, preferably one that can be given orally to patients on an outpatient basis, it should be theoretically possible to keep tumor growth and metastasis under control using continuous treatment that has little or no side effects beyond those associated with inhibition of angiogenesis. In fact, metronomic therapy with the current generation of mitotic inhibitors has already been attempted, and some trials have met with success (28–31). However, it is not clear that the drugs selected for those trials were best suited for inhibiting angiogenesis, used at the proper concentration, or administered in the most effective way. Thus, results so far are encouraging, but much work remains in order to optimize the strategy.

Disclosure of Potential Conflicts of Interest
No potential conflicts of interest were disclosed.

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